

THE NPARC NEWS

This Issue



Northern Peninsula Area Regional Council Newsletter

January 2018

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Welcome NPARC Staff



Council is open for business

Welcome back Mayor, Councillors and NPARC staff as we reflect on a busy 2017 and look forward to another busy and productive year. NPARC resumed business operations on Monday 2nd January 2018 after a well deserved break.

We also welcome new staff members throughout the various departments. You are part of a supportive and hardworking local council that provides opportunity to grow and learn through the many career pathways. You are also apart welcoming and friendly community.

NPARC will be producing monthly newsletters to communicate all council operations, projects and programs. These newsletters will be distributed throughout the council officers for internal staff use and for the wider public.

Road Conditions

Some roads have been closed heading into the NPA region. For all updates contact Department of Main Roads on 13 19 40

Crocodile Spotting

Crocodiles have been spotted over the Christmas period at Jardine River and Alau beach. Please be safe around beach fronts, and rivers. This crocodile was swimming around a popular area for locals and tourists.

Community Notices

Initial flood watch for Cape York Peninsula area, an active monsoon trough is expected to cause heavy rainfall. This will ultimately effect all rivers, creeks and waterways. Read more on page Five (5)

Jardine Ferry is now closed due to rising flood waters, further. Information please contact our Umagico office on 07 4048 6916 See more on page Five (5)





Staff Christmas Party and Mayoral Awards Night

Bamaga Tavern

Mayor Edward Newman alongside NPARC staff hosted the annual Mayoral awards. This prestigious award recognises the hard work of council staff throughout the year and nominees are taken from fellow colleagues. Five awards were presented, one from each council department and a overall employee of the year.

“I would like to thank all staff for your all your hard work throughout 2017.” Mayor Newman

Staff gathered at a private celebration function on December 21st prior to council closing for the year. A banquet Barbeque luncheon was cooked by David Ahboo and a number of door prizes were given out on the day, One including ‘two return trips for 2’ from Bamaga to Cairns with Rex Airlines and many more other prizes.

The Mayor congratulates all nominees and award winners.

Nominees	
Tetsuo Nakachi	Trevor Nona
Timothy Tamwoy	Denzel Aniba
Bobby Neville	Caleb James
Wilfred Jacksonia	Margorie Sagigi
Moirau Mau	Pamela Ger
Robert (Rocky) Bagie	Beau Nawakie
Ruby Neliman	Sarah Tamwoy
Amanda Small	Tahirah Christian
Erra Bond	Peri Sunai
William Ingui	

Employee of the year award Congratulations to Timothy Tamwoy (Operations)

He is a quiet achiever ensuring that one of the most essential services in each NPA community operates reliably every day of the year. - Anonymous/Stephen Wilton CEO.



Pamela Ger - Corporate Services

“Pam often goes over and beyond to help out the community and is a real role model.”

- Anonymous/Stephen Wilton

Tetsuo Nakachi - Operations

Tetsuo always stands up and supports his men and has given them opportunities to become more experienced as leading hands and supervisors.

- Anonymous/Stephen Wilton CEO

Ruby Neliman - Community Services

Ruby ensures that every event that occurs in the NPA is a success even events that are not under the NPARC banner trust.

- Anonymous/Stephen Wilton CEO

Beau Nawakie - Finance

Beau is constant and reliable and never fails to complete the job.

- Anonymous/Stephen Wilton CEO



A message from Deputy Mayor Michael Bond

Our Deputy Mayor Councillor Michael Bond from the New Mapoon community has given some highlighted tips on what he wants to see this year and hope that this year brings some new vision to NPA.

NPA as a whole.

I would like to see the same as above, with some additional activities and projects such as:

1. The completion of and funding acquired for the new Seisia Wharf Master Plan precinct.
2. The sealing of the Jardine River ferry road and continued maintenance of the portion of road south of the Jardine and our local roads.
3. Commonwealth and State Government provide further funding for housing to fulfil the Community Master Plans and most importantly, meet the needs of the families in crisis.
4. Funding be acquired for our New Airport Terminal
5. Continuation of the Local Airfare Scheme
6. Introduction of a 2 shipping policy to reduce the cost of freight or freight for supermarket dry and freezer goods (food) be subsidised.
7. That Social Housing Policy be reviewed to reflect Community needs.



Elected Councillors

Cr. Cassandra Adidi
Bamaga Division



Cr. Gina Nona Injinoo Division



Cr. Dennis Getawan
Umagico Division



Cr. Joseph Elu
Seisia Division

Queensland Government Reparations Scheme

Team visiting from

6 to 8th February 2018
9:00am to 3:30pm

Community Council
80 Brown Street
New Mapoon

If you or a family member have an existing Reparations claim with the Queensland Government, the Reparations team will be visiting the Torres Region in November to assist with enquiries.

Claimants who have received their 'top up' payment and new applicants who have signed their Deed of Agreement are not required to attend.

Visit: www.qld.gov.au/reparations
Call: 1800 619 505



Queensland
Government

The Queensland Reparation team will be conducting all business dealing with all *On behalf of (OBO) deceased* claims.

New Mapoon Community Council Hall from 9:00am to 6:00pm 6 to 8th February.

FLOOD



ACTION GUIDE

Don't be fooled by a flood – they can happen in a flash. Take these simple steps to ensure the safety of you and your family during a flood.

BE PREPARED

- ▶ Know your local area, particularly if there is a history of flooding
- ▶ Have an emergency kit on hand, including a battery operated radio, torch and spare batteries
- ▶ Keep a list of emergency numbers handy
- ▶ Identify evacuation routes and centres

STAY ALERT

- ▶ Stay tuned to local media for current weather advice and warnings
- ▶ Keep an eye out and don't allow children to play in, or near, flood waters

DON'T DELAY

- ▶ Always follow instructions and directions from local authorities
- ▶ Be ready to evacuate if necessary

ACT SAFE

- ▶ Never drive in flood waters
- ▶ Never swim or wade in flood waters
- ▶ Continue to monitor your local media for updated information and advice

For further information contact your local State Emergency Service office

Building Resilient Communities



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Australian Government
Attorney-General's Department
Australian Emergency
Management Institute

www.ema.gov.au



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FLOOD

FLOOD

Flood Watch Summary

Initial Flood Watch for Cape York Peninsula north of Kowanyama to Cape Melville

Issued at 1:53 pm EST on Monday 29 January 2018
Flood Watch Number: 1

High river levels and flooding at some crossings will continue across the catchment area for the next two days.

An active monsoon trough is expected to bring heavy rainfall to the Flood Watch area through to Wednesday.

Catchment areas are already saturated and river levels are generally high.

Widespread daily rainfall totals to 150 mm are likely Tuesday and Wednesday.

This rainfall is expected to maintain high river levels across the region, flooding some bridges and causeways.

Catchments likely to be affected include:

Jardine River

Ducie, Jackson/Skardon Rivers

Wenlock River

Embley/Mission Rivers

Watson River

Archer/Coen Rivers

Holroyd/Kendall Rivers

Coleman/Edward Rivers

Jacky Jacky Creek

Olive/Pascoe Rivers

Lockhart River

Stewart River

Flood Safety Advice:

See www.bom.gov.au/qld/warnings to view the current flood warnings for Queensland.

For more information on the Flood Watch Service:

<http://www.bom.gov.au/water/floods/floodWarningServices.shtml>

This Flood Watch means that people living or working along rivers and creeks should monitor the latest weather forecasts and warnings.

For flood emergency assistance contact the SES on 132 500.

For life threatening emergencies, call Triple Zero (000) immediately.

Current emergency information is available at www.qld.gov.au/alerts.

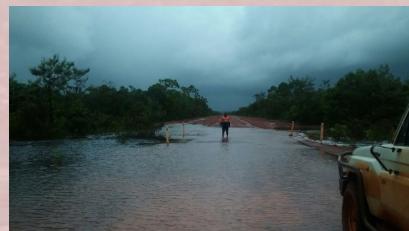
This advice is also available by dialling 1300 659 219 at a low call cost of

27.5 cents, more from mobile, public and satellite phones.

Warning, rainfall and river information are available at www.bom.gov.au/qld/flood/

Jardine Ferry Operations

Rising Flood Waters at the Jardine Ferry making operations of the ferry inoperable. Updates will be available through the NPARC website, Facebook page and on the NPA Radio Station.



NAME	CONTACT
Bamaga Enterprise - Chris Ford	0427 504 722
Admin	(07) 4069 3533
BP Service Station	(07) 4069 3275
Cape York Lodge	(07) 4069 3050
Bamaga Tavern	(07) 4069 3256
Bamaga Bakery	(07) 4069 3168
Seisia Enterprise Admin	(07) 4203 0990
Holiday Park	(07) 4069 3243
BP Service Station	(07) 4069 3897
Supermarket	(07) 4069 3218
Meatworks	(07) 4083 0210
Seisia Kiosk	(07) 4069 3285
Department of Housing T.I Housing	(07) 4212 1117
Maintenance	1300 738 616
Wendy Phineasa	(07) 4069 3588
Other Businesses	
Punsand Bay	(07) 4069 1722
Loyalty Beach	(07) 4069 3372
Umagico Budget Lodge	(07) 4069 3029
Toll	1800 640 079
Seaswift	(07) 4069 3933
Bamaga Police Station	(07) 4090 4500
Bamaga Hospital	(07) 4069 3166
Bamaga Health Centre	(07) 4069 3200
My Pathway	(07) 4090 4900
Coy Budget Motors	(07) 4069 3558
B&B Electrical	0447 738 798
NPA Family & Community Services	(07) 4212 2500
Centrelink Bamaga	13 62 40
Dreamtime Bamaga	(07) 4069 3222
IBIS Bamaga	(07) 4048 6500
Bamaga Health & Beauty	(07) 4083 0224
Cape York Traders	(07) 4083 0446
Ergon	13 22 96
Thupmul Coffee	0474 526 227
Lyy'n Up Beauty & Wellness	0451 656 736

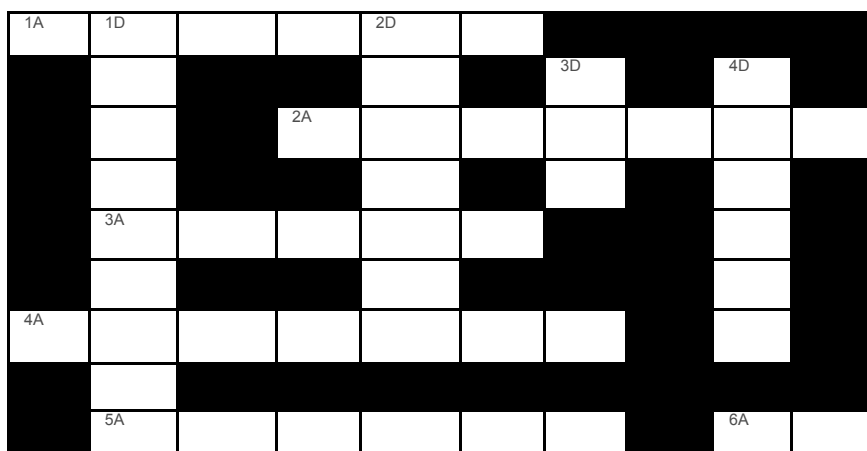
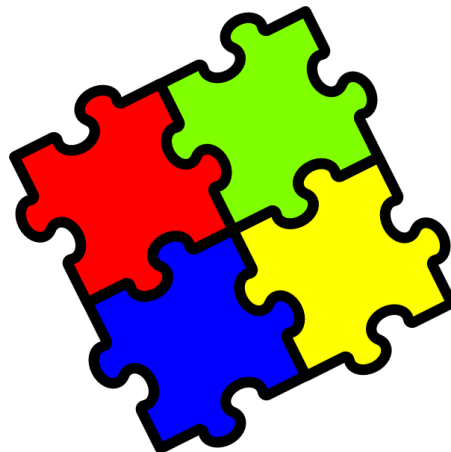
Small Puzzles

Downwards

- 1D) What is SkyTrans form of transport?
- 2D) Who is the Councillor for the Umagico community?
- 3D) Large monkey like animal
- 4D) To look after your insides, to look after your....

Across

- 1A) Which community is considered the main business hub within NPA?
- 2A) What is the current CEO name for NPARC?
- 3A) Another word for hunt?
- 4A) Which Artist composed 'Like A Prayer'?
- 5A) What is the annual holiday on April 1st?
- 6A) What is the informal word to greet someone?



COMMUNITY

BEACH

HISTORY

FAMILY

CULTURE

CARING

NPA

INJINOO

UMAGICO

BAMAGA

SEISIA

NEW MAPOON

C	A	Y	I	N	J	I	N	O	O
A	O	K	C	U	L	T	U	R	E
Z	S	M	F	J	D	U	T	E	H
N	E	W	M	A	P	O	O	N	X
E	I	B	F	U	M	G	S	I	B
G	S	R	C	M	N	I	W	F	E
C	I	J	Q	A	P	I	L	P	A
B	A	M	A	G	A	V	T	Y	C
H	R	I	L	I	Q	W	V	Y	H
D	B	M	K	C	A	R	I	N	G
H	I	S	T	O	R	Y	N	X	O



Mud Rally and Pig Hunt

The Northern Peninsula Area Regional Council (NPARC) in collaboration with the Queensland State Emergency Service (SES) were proud to host our annual Mud Rally and Pig Hunt competition. This was a successful event held on Australia Day that brought the communities together. The heavy rain didn't defer any of the participants creating a difficult track for mud rally drivers and pig hunters.

The Mud Rally competition was divided into three (3) categories of 4 cylinder / 6 cylinder vehicles and a woman's category. Whilst the track was difficult we would like to congratulate the following drivers.

Congratulations to -

4 cylinder - **1st** Axel

2nd - Edward Newman

6 cylinder - **1st** Charles Poipoi

2nd - Robert Carmody

Women's - **1st** Veronica Jackonia

2nd - Angela Gowa



The Pig Hunt competition proved to be difficult for many teams as the weigh-in time was extended to 6:00pm. All nine teams were able to successfully weigh-in their pigs and the following results were announced.

1st Equal— Jardine Ferry Boys and Trekker team both weighing in with a 69kg pig Trekker team,

2nd Place— Crazy Mob with a pig weighing in at 32kg

"It was a great day for friendly competition, I thank all the teams and participants who supported this event " *Mayor Edward Newman*

NPARC Events Officer Ruby Neliman acknowledged and recognised the 10 local residents who joined the SES voluntarily and participated in the four day long Rescue and Operate Communication Equipment Course. For more information on how to join the SES program please contact Cairns SES Regional Office for up and coming workshops and courses.

"Happy with the day, the gold coin BBQ which included Sausages, Patties and Steak was a success. Kids had a lot of things to do, colouring competition, Information packs from the SES and Rural Fire Services, and questionnaire competitions" *Ruby Neliman*

The Mayor Edward Newman and NPARC staff Ruby Neliman, Nola Lewin, Anna Nona, Marsat Newman would like to thank the local residents and sponsors for supporting the day. Special mention to our volunteers – Mona Townson, Alice Townson, Leah Mosby, Beatrice Sebasio, Michael Babia, Tanu Poipoi, Sarah Phineasa, Stephina Bowie, Jordan Sebasio & Jeremiah Sebasio and Wilfred Jackonia



Next Major Community Event

NPARC and NPA communities will welcome the Queens Baton Relay on March 3rd 2018. The relay is part of the Gold Coast Commonwealth Games in April 2018. Local residents are encouraged to support this relay as it is a prestigious moment for the NPA region.

The Queen's Baton Relay is a Games tradition that celebrates the Commonwealth's diversity, inspires community pride and excites people about the world-class festival of sports and culture to come.

The Queen's Baton carries a message from Her Majesty Queen Elizabeth II that calls the Commonwealth's athletes to come together in peaceful and friendly competition.

Starting on 13th March 2018 at Buckingham Palace, the Baton will travel on a epic 388 - Day journey through all nations and territories of the commonwealth.

The Queens baton will arrive on the Gold Coast for the XXI Commonwealth opening ceremony on 4th April 2018, where her majesty, or a representative, will remove the message from the baton and read it aloud to officially open the games.



NPA Arts Centre



The NPA Art Centre is welcoming local artists to use its facilities and services to assist the artists in getting artworks created and ready for the NPA "Keep the Flame of Culture Burning" Festival, Gab Titui Art Awards and Cairns Indigenous Art Fair.



Drop into the Art Centre or call Leonora Adidi Arts Development Coordinator on 07 4083 0271, email arts@nparc.qld.gov.au

Tips for buying healthy foods



Follow these simple tips to help you choose healthier options when shopping.

1. Make a list before going shopping
2. Buy a variety of different coloured vegetables, and look for those in season

Green:
Asian greens, asparagus, beans, broccoli, brussels sprout, cabbage, celery, cucumber, lettuce, peas, shallot, silver beet, spinach and zucchini

Yellow/Orange:
Carrot, pumpkin, squash, sweet corn, sweet potato

Red:
Tomato, capsicum

Purple:
Beetroot, eggplant

White:
Cauliflower, garlic, leek, mushroom, onion, parsnip, potato, swede, turnip

3. Choose meat that has been trimmed of visible fat
4. Choose low-fat or reduced-fat dairy products (milk, yoghurt, cheese)
5. Choose wholegrain or wholemeal varieties of breads and cereals
6. When buying packaged foods:
 - Check the 'ingredients' list on the label which outlines the ingredients in order of quantity, from the highest to the lowest amount.
 - Choose low salt, no added salt or salt-reduced products
 - Choose unsaturated fats such as: canola, olive, soybean, safflower or sunflower oils which are healthier for the heart than saturated fats such as palm and hydrogenated oils.
 - Choose products without added sugars.

This information has been independently reviewed by the Dietitians Association of Australia (DAA) and the Heart Foundation. 'Eating for Health guide'



LET'S GO SHOPPING!

a starter grocery list for clean eating

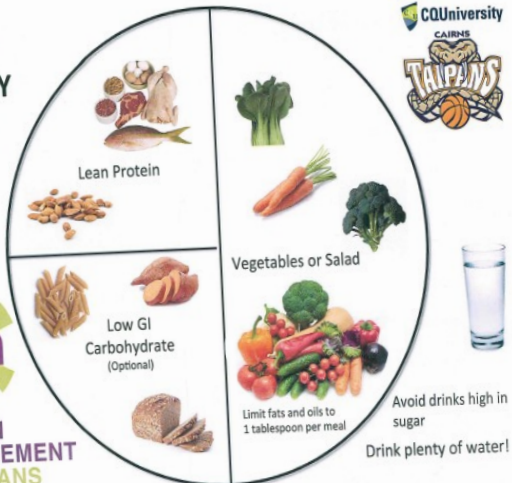
chicken breast
avocado
almonds
peanut butter
salmon
eggs
cottage cheese
greek yogurt
veggies
fruits
low-fat milk

mustard
green tea
olive oil
almond butter
walnuts
whole wheats
oatmeal
brown rice
turkey
shrimp
tuna

berries
iced tea
lemons
herbs
pepper
garlic



YOUR HEALTHY PLATE



Sports and Recreation

NPARC Sports and Recreation division conducted four (4) weeks of school holiday programs for children and youth. Activities included outdoor/indoor movie nights, BBQ dinners, pool excursion, sports and games and cultural tours around the region.

Sports and Rec coordinator Nola Lewin said "The program was a great success. Over the four week period we had approximately 300 youth who participated in the activities. We were able to spread the word of eating healthy and doing physical exercise."

NPARC Sports and Recreations team as part of the Community Services Department would like to thank the families, children, youth and elders for helping us create a successful program. Esso!



NPA Community Options Project

Enjoying living at home with support from our services

The Aged Care Staff are UME MOB here to support Ume elders live in our community with family if you need help.

The Aged Care service will not do things which family can still help with or activities that clients can do for themselves. We will include you in activities that keep your body and brain active which is good for your health.

Have your say in your care

You can have your say in what services you receive and who provides the care in your Home Care Package.

You can decide how much you want to be involved in managing your care package.

Every month you will get a financial statement telling you how much money your home care service cost.

Your agreements

Each client is asked to sign a client agreement when they start with the service. Your agreement states:

- your services the client will receive
- your rights, your responsibilities and cost
- responsibilities of the Age Care Service
- other services

What your Aged Care Service do?

The Aged Care Program helps elders and in our community who need support. It also provides support to our older people who need more care to keep them at home here in the NPA so they do not have to go away to a nursing home on Thursday Island or down south.

Who can use the service?

Frail Aboriginal and Torres Strait Islander people who are over 50 are eligible to use the service.

How do I get the service?

Talk to your MOB at your Aged Care Service to get started on your service through My Aged Care.

Ume Elderly can get help for aged care service by a doctor, your family, the Community Options Project or any other community based service.

Aged Care programs

You can get Commonwealth Home Support Program (CHSP) if you need just a little bit of help to keep living in the community on you own. More frail elders can get more services through the Home Care Program (HCP), but they need to be assessed by the Aged Care Assessment Team (ACAT) first.

Your Care plans

Each client has a care plan developed that describes what services will be delivered to them and how often services are provided.

The care plan will be reviewed regularly depending on how much care people need. If clients go into hospital or have a change in health or social support, the care plan must be reviewed. We will ask permission to share any information about clients with the Clinic or with anyone else. A copy of the care plan is given to each client.

Costs for Aged Care

The Australian Government has a policy of charging for aged care services. The following charges will apply:

- \$5.00 for each meal provided
- Daily fee of 17.5 % of the single basic Age Pension for Home Care Services Home Care Package.

Money is paid to the service by Direct Centreline deduction.



What services are available

Personal Care e.g. showering and dressing

Domestic assistance e.g. cleaning and laundry.

Meals: Lunch, Dinner

Assistance with health care & medication reminders

Help to get equipment like wheelchairs, walking sticks and other support.

Social support and activities e.g. shopping

Transport and activities

Safety – helping access to home modifications such as bedding, handrails.



52 Brown Street, New Mapoon

PH: 4048 6616

Welcome to the NPARC Staff

Positions filled as at 04.01.18

Mrs Ranietta Sam-Johnson - Human Resources Manager

Ms Joanne Hingano - Communications & Media Officer

Mr Wagel Tapau - Postal Clerk Officer

Miss AnnDalassa Sebasio - Postal Clerk Officer

Ms Angela Crosby - Records Manager

Miss Beatrice Sebasio - Records Assistant

Miss Yanessa Woosup – Service Station Attendant

Miss Leah Woosup – Service Station Attendant

Mr Richard Gela-Bani – Service Station Attendant

Mr Alan Krumin – Works Overseer

Mr Phillip Baxter – Grants Officer

Mr Kenny Sebasio - Temporary Courier Driver

Mr Keith Yorkston - Operations Manager

Join the NPARC team! Diesel Fitter position is available to those who are interested, contact H/R Advisor Dalassa Sailor to get more information.

Contact Us

For more information about our services and products

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