

# Regional Council News Letter

**Food for Thought** Youth Week's **Bush Tucker Day Culture Love Week.** Injinoo culture revival from community to country

Meet the Events Team
The smiling faces behind our
NPARC events

Lest we forget
NPA remembers our
diggers on ANZAC Day

When school's out, children of the NPA visit country to learn culture.

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NPARC Chief Executive Officer
Mr Stuart Duncan



Injinoo Culture Love Week

deep, that's for sure. It runs through your veins,

through your family and carries you through life. Embraced, it can shape who you are and who

Love for culture is much more than just skin

Indigenous culture has always been handed

elders to youths to be carried on and passed

down through generations, passed from

to youths of another generation.

you will be.

# During the Easter break holidays our Injinoo youths did just that.

Love for language, country and culture

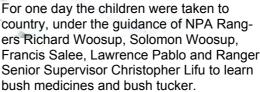
They were guided through language workshops by elders Roy McDonnell, Ama Mary Eseli, Bethina McDonnell, Cecelia Ropeyarn, Alfred Mara and Erris Eseli who shared their extensive knowledge to

teach Injinoo language and culture throughout the week's activities.

For one day the children were taken to country, under the guidance of NPA Rangers Richard Woosup, Solomon Woosup, Francis Salee, Lawrence Pablo and Ranger Senior Supervisor Christopher Lifu to learn

In true culture, the information was passed down through the generations, but the story telling took on a digital form, as the children recited what they had learnt for the camera. Organised by the State Library of Queensland, part of the program outcome will be a digital book covering the week's activities.

A big thanks to our volunteers and IKC workers who made this week such a great



"I feel we are letting our culture go, we say we have our country, we have our language-it's okay. But it's slipping away," Sandra Sebasio success! said, "We have to get passion in our youths to learn culture and practice it."



Bethina McDonell and Cecilia Ropeyarn



Ama Mary leads a sing-along for A Song For Injinoo



66 Mepala wandie culture an langus

blo mepala por stop stron

 We want our culture and language to stay strong.

# All in a days work...

No, really. A day is all it takes to make a traditional head dress for these young dancers I'm told by mentor Uncle Bill.

Under his gardance and that of Uncle Jesse at Menshed, the boys of the Berlibal dance troupe begin costume preparations for their upcoming performance on Thursday Island.

The *Dheorie* –or traditional headdress– is just one part of the costume. They will also don grass skirts and tribal paint, imitating traditional warriors and gods.

The column *From Cane to Costume* shows the process of making the Dheories. Uncle Bill splits the cane to be used, then dancers Surge Elu, Josh Phineasa, Darren Phineasa Leanoard Aniba shape cane to thin strips.

Once the strips are thin and flexible, they can be shaped to fit the dancer's head and decorated. Fine thread is used to secure the strips in place, before they are painted white and decorated.

(Below) Senior Berlibal Dancers Damien Elu, Imran Elu and McFarlen Ibuai in full costume.

# Little feet can stomp up big

All big dreams start up small, and these little dancers are definitely moving towards something big.

Students from Bamaga Primary take weekly dance lessons with mentor Jesse Sagaukaz and the training doesn't stop on the holidays.

Here they are practicing at the Bamaga Activity Center, preparing for the center's 21st birthday celebrations which were held on Thursday 19th April.

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# **Council Runs Clean Books**

Since the amalgamation of the five NPA shire councils on 15<sup>th</sup> March 2008, the Northern Peninsula Area Regional Council has undergone three external audits conducted by the Queensland Audit Office, and on each occasion, has received an unqualified audit result.

Council CEO, Stuart Duncan commented "This is an excellent result considering the accounting and operational challenges posed by the Queensland Local Government reform process."

"Two major funding and operational challenges were the State Government's imposed three year employment guarantee and the removal of CDEP wage subsidies that council had to fund" Mr. Duncan said.

The Council is continuing to implement improvements in all areas to ensure the continuing succession of unqualified audit reports which will enhance Council's ability to retain ongoing grant funding and attract additional future funding for special projects Council may wish to undertake. The positive audit results are particularly important as Council is reliant on State and Federal grant funding for its current and future continued existence.

# From Cane to Costume.











# **Easter Monday Fun Day**

Two barefoot teams marched onto the hot sand, taking their places on the court. From the far corner, a ball was held like a missile waiting to be launched. On the whistle's command the ball flew over their heads and over the net and the game was on!

Bamaga pool and volleyball courts were crowded with families and friends looking to end the long weekend with a bang, even the sun came out in support of the community fun day held Easter Monday.

Never a dull moment, from the face painting to the pool, egg and spoon to tug of war and volleyball to BBQ lunch.

Thanks to our events team for their amazing work and a big thank you to all the volunteers that made the day possible!





# Behind the scenes magic. A pat on the back to our magnificent Events Team



#### Estelle Gebadi

Hi, I am the Events Coordinator for NPARC and I have been working for the Events department for about 6 ½ years which I started with Bamaga Island Council prior to the amalgamation but I've only been the Coordinator for the past six months.

What I enjoy most about my job is being able to provide the commu-

nity with events such as fun days, sporting competitions and celebrations which unite our people. And by being part of such a unique place like NPA gives us the opportunity to share our cultures and devour all types of skills and experiences.

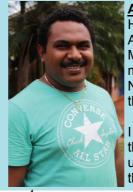
The newly established Events Team which has been recently formed in the past 6months has gotten off to a great start and working together with my colleagues has brought different specialties and experiences and no forgetting heaps of laughter to out department to which has proven to be a great tool in working towards a bigger and better functioning team for the near future.



#### **Stanley Elu**

Hi, I have been working for the NPARC Events Department for the past 5 months now and I'm really enjoying it.

For me, the best thing about this job is that I get to do a lot of different Events such as a small event like the Easter Fun Day to a big event like the up coming NPA Show Day which I am looking forward to organizing.



#### Aldene Reuben

Hi, I've been employed by NPARC as an Administration officer for the past 6months. My passions are music and dance; so I'm most excited this year for the up coming NPA Got Talent Quest—to be held in May of this year.

I also enjoy all of the other events held by the events team and look forward to all the up coming events we have got planned for this year.

# We're ready for the Season

Tourism operators across the NPA are ready for the tourist season to start. As the first tourists set up camp, ready to enjoy the last weeks of the wet season, our accommodation and tourism operators prepare for the busy months ahead.

"We do have business all year round, but it really picks up in the dry— with a peak over the June/July holidays," Owner and operator of Cape York Ice and Tackle Cheryl Sanders said.

With such a unique blend of activities, environment and culture, the Cape York region attracts a range of holiday makers from the caravanning grey nomads and quietly spoken bird-watchers to adventure seeking four-wheel driving and fishing enthusiasts.

Luckily, our local tourism operators can cater for any holiday maker that comes their way.

"We cater for the demand," Loyalty Beach campground owner and operator Patsy Lennox said, "we can tailor our tours to the activities they are interested in."

This season will also be the second season for Alau Campsite's new operators Toni and Juli Ross, but don't let that fool you, travelers themselves, they know the area like the back of their hand.

"We first came up here as tourists ourselves," Julia said, "and fell in love with the area. I first came up here 40 years ago and have been coming up most years since to work and play. We took on operation of the Alau Campsite last year and have been getting it up to 100% capacity, which we are now at. We have had great feedback from last year's campers and from locals who come down to have picnics. Now we're just really looking forward to this year's season."

For further information on NPA tourism, tours and accommodation, head to Cape York Info Website: http://www.capeyorkinfo.org/



Loyalty Beach's Jeremy shows some of the local attractions.



#### Damien Elu

Hi, I've been in the events department for a year now, and I really enjoy working with the team.

Though I've enjoyed all of the events so far, my favourite event this year was the Mud Rally and Pig Hunting competition.

I am really looking forward to the up coming NPA Got Talent which will be held on Monday the 7<sup>th</sup> May 2012 and all ready have my sights set on next year's Mud Rally and Pig Hunting Competition.

#### Thomas Frampton

Hi, I've been employed by NPARC for over two years now as supervisor of the Bamaga Swimming Pool.

I enjoy the role and the many opportunities that come with it. I especially enjoy working events and teaching kids to swim.

Big thanks to our events team, who are always there well before the start and remain hours after each and every event.

# Michael Idai

Hi, I'm the Gym Supervisor for NPARC.



As gym supervisor I like working with new members and participants in showing them the basics of working out, but I also enjoy working with experienced members to learn and develop my skills further. The thing I like about my job most is working with clients and seeing them develop and succeed in their goals that they set when first joining the gym. When I see

their strength pick up and it pushes me more to better myself and become more active.

I have been married for almost a year and am father to two beautiful daughters. I believe in practicing what you preach so that you can be a better role model for your children.

My favorite quote is – "Impatient for victory ensures defeat", what that means is if you come to the gym and expect results overnight all you are doing is discouraging yourself. Just remember to

"Do your best and forget the rest"



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would hate for someone to hurt themselves on it.' The bridge has been standing for many years, made from iron wood logs laid across the river banks, but as the banks erode from natural flooding and the logs

grounds on the other side, but it's not safe, we

and locals to get to the fishing and hunting

begin to disintegrate, it's no wonder the crossing is raising concerns.

to puppy rescuers

Deadly iob

# Shame job to Bamaga Vandals

We would like to give a big thumbs up to CDEP workers Alan Bond and Jackson For saving a puppy in New Mapoon.

"There was a little puppy stuck in my car, I could hear him but I couldn't reach him. My boys tried to pull him out from below but couldn't get him

Luckily Alan Bond and Jackson Nawie were working in the park nearby and they came over, opened the bonnet and managed to gently push him free." - Agnes Mark.

The pup has gone back to his New Mapoon home and is hopefully being kept clear of car engines!

Deadly job guys.

Your say...

Unfortunately the Bamaga Hall was vandalised again this month. The Events team were called to clean up a mess left by vandals who broke in and sprayed fire extinguisher foam all over the hall.

Brad Carron-Arthur

"Our team had just cleaned the hall a few days before, after we held a holiday program for the children there. It's sad to see the public facilities treated like this, the community should show some pride in their surroundings." - Estelle Gebadi

The team should be spending their time planning more amazing projects for the community, not cleaning up afvandals. ter

So to this we say, shame job.

Maritime Safety Authority QLD and Tropical Nth QLD TAFE have run another bout of free Boat-Safety and Boat Licensing workshops for the people of the NPA.

Laws of the Sea

awareness for AFFIRM. The

Australian Foundation for Mental

home as he has grown up with a close family member suffering from

depression. You can watch and

http://bradrunsnorth.com

support his journey here:

Health Research, a cause close to

"The Torres Strait is a unique area," says instructor David McIlwain, "with irregular weather, often monsoonal conditions, narrow passages creating strong tidal flows, changing sand banks, rock out crops and reef it can be guite dangerous to navigate. We focus on ensuring that anyone boating in the area has the proper license and skills to do so.



# Dirty faces and hands will find the yams.

"We want to show people the proper way to find bush tucker," said Agnes Mark, "because if one day we cannot get our food here from the supermarket, they should know how to survive."

As part of Youth Week 2012, NPA Family resources organised a morning of digging and gathering for just this reason.

Under the generous tutelage of sisters Agnes, Susan and Victoria, a small group of would-be gatherers entered into the Seisia scrub and turned their eyes to the bush canopy.

There's treasure at the bottom of the string!

# Our students are the real victims

The first day of school term 2 was not the joyful occasion it should have been.

Rather, staff found the primary school campus had been severely vandalised. More than 10 rooms were broken into and damaged, affecting every block in the campus.

"The school was broken into on Sunday the 15th April, the day before school went back," said Head of Junior Campus, Alyson Covey.

"The admin building was the only block not damaged. They caused around \$100 000 worth of damage," Ms Covey said.

College Principle Ken MacLean and NPARC CEO Stuart Duncan surveyed the damage caused with heavy hearts

Our schools should remain a place of security and learning, of culture and growing but with no classrooms to go to it's clear the kids are the one's who miss out.

"Most notable was the large amount of the children's work that had been damaged and cannot be replaced," Mr. Duncan said.

It's another senseless act of destruction, and one that has hit the NPA communities hard.

Many members of the community are past students and must feel the sting of the attack, as do current students.

There are many who would rather see our school funding go towards bettering our children's futures, not replacing assets damaged through senseless acts of crime.

So they found the vine, followed the string and dug. Then they dug further, abandoned the shovels and leant their torso's in to dig away the soft sand with their hands.

where the yam is."

As some dug for yams, others used smaller shovels to uproot Arrow-root trees and collect the bulbous arrow-root from below, while others merely plucked crow berries from the nearby bushes.

"You look for what we call the Yam String— it's a vine that grows right up to the top branches," Susan told us, surveying the branches above, "then you can follow that down and start digging below. That is

Finally there would come a muffled cry from within the deep yam hole, and a hand covered in dirt and sand would emerge clutching the enormous root, followed by a triumphantly smiling face. In the end, isn't a good bush tucker feed well worth some dirty work?

#### We are one...

NPA youths were asked to imagine the ideal Australian Flag— one that represented all Australians and our unity.

The competition was held by the Family Resource center, as an activity in Youth Week 2012.

Each flag was an exceptional creation that showed not only the artistic talents of our youth, but also their strong and embracing spirit, though the cream of the crop was narrowed down to these two.

Kathleen Peter (Seisia), and William Drake (Bamaga)



Kathleen Peter's Flag



William Drake's Flag



Ken Maclean and Stuart Duncan survey the damage

# Somerset grave site re-fenced

"When we [NPARC Rangers] were first established, we asked the local clan groups of the NPA what they would like us to do, in order to take care of their land.," said Ranger Co-ordinator Warren Strevens.

"From that, the first request from a clan group we received was regarding their concerns over a mass burial site at Somerset." Without a clear perimeter marking, the site could be unrecognizable as a burial site.

"The site had been fenced in the past, but it was in a state of disrepair and was not clearly marked. They said there had even been some tourist groups who had unknowingly rode over the site. Now there is a new fence that clearly sections the burial site."



# **Drainage fixed at Airport**

A new drainage pipe has been fitted at Bamaga Airport after the last had began crumbling into the storm water way.

The pass (pictured) has to support fuel trucks and the weight of aircraft taxiing across from the runway, so it's no wonder that the instability was raising concerns.

With the new road in place, the airport is ready for the busy season!



# **Housing Update**

The New Mapoon IKC will soon be welcoming some neighbours into the formerly vacant lot beside them.

Construction has begun on a three bedroom community house, and it's coming up fast!

Remote Building Solutions builders Toby Thompson and Gary Wilkie (pictured) started work on the dwelling in April as a part of the NPARC Community Development Plan -which also includes the new Injinoo house, on Tamwoy St.



# All work or play? CDEP workers build a fence for the New Mapoon Playground.

The going gets rough when your drill can't be used in the rain. Especially during the Cape York wet season, but despite this slight set back CDEP workers battled the elements to erect a new fence around the New Mapoon Playground.

It's been a long run to see this community area up and going and it's become a project quite close to all of our hearts.

This fence will keep our kids from the cars and the dogs and horses out, al the whi not taking away from the beauty of the area with strong green panels that will blend in with the native garden.



Alan Bond, Jackson Nawie, Satrick Young, Steven Sagigi and Uncle Barney (not pictured) work on the

# Lest we forget our Australian Diggers

In WWII, Cape York and the Torres Strait served as Australia's first and last frontier in the Pacific War.

By the end of the first year, it is recorded that 830 Torres Strait Islanders and 60 Aboriginals were enlisted in our national Defence Force and served in defence of the mainland alongside officers of European descent. This was despite the 1940 Military Board's Policy which dictated Aboriginal and Torres Strait Islanders were prohibited from enlisting.

Never the less, in 1941 the first company of Torres Strait Islanders began training with only 120 enlisted men. They were initially utilized in defence of Thursday Island, though as their numbers grew, the Torres Strait Company was utilized in a counter attack, allowing men to be stationed on Horn Island as well.

In late 1942, Bamaga Airport (then known as the Jacky Jacky airstrip) was developed as a dispersal airfield for Horn Island's airfield. The Island airfield had received significant damage from Japanese air raids and faulty drainage in the wet, causing defence forces to turn their sights to the mainland in search of a safer area for an airstrip near Red Island Point.

As the Japanese presence in the Torres Strait grew, so too did the number of men wishing to enlist. There are reports of submarines, air raids and instances where Japanese forces machine-gunned Island villages. The Australian Government provided a vessel to travel between the Torres Strait Islands to collect and transport men wishing to enlist.

With this rise in enlistment numbers men of the Torres Strait Islands, Torres Strait Malays and mainland Aboriginals formed the Torres Strait Light Infantry Battalion. They trained alongside other units, including Townsville's 31st Battalion, covering drilling, weapon training and tactical exercises.

An Intelligence Report from November 1942 includes this report from one member of the enlisted forces:

These islanders are a fine strong looking lot of men. They look well and savage in uniform. They are keen as mustard and can give us lessons in drilling and marching. I would rather fight with them than against them.

-AWM 60, 9/785/12: 'HQ Qld L of C, Intelligence report for the week ending November 20, 1942.



Now 60 years on, we remember not only the soldiers who served in battle, but also the families of these men and women. We remember the homes that were bombed in air raids and loved ones who endured this time of war.

Lest we forget the terrors of war. Lest we forget those who fought side by side, regardless of race to defend our land and restore peace to our country.

In 1916, the 25th April was officially named ANZAC Day in memory of the Australian and New Zealand troops who landed in Gallipoli just one year earlier to an ambush. We remember them, lest we forget their struggle and their great Australian spirit.

Each year we remember our ANZAC troops and honour all men and women who have served our nation in battle.









soldiers in the Torres Strait area.





Deep breath! The kids show Nathan how long they can stay underwater



(Above) Kyle takes a break from the raft (below) Jamani and Shekinah enjoy a swim





# Safe futures start with a splash

These holidays Bamaga pool was under siege by scores community kids who fronted up to take part in the Kids Living Safer Lives (KLSL) program.

The clear, still water became a fury of splashes as hoards of holidaying youths took on the floating obstacle course and games of the program, sending echoes of laughter floating through the dry heat of the surrounding streets.

"It'sa great day, but it's not just about having fun though," KLSL worker Kyle Luck said, "all of the games require thought, leadership and participation."

"The program is designed to encourage positive life choices," says KLSL worker Nathan Canudo, "from saying no to violence to encouraging healthy eating and active lifestyles."

"It's all about empowerment really," Nathan explains, "we try to give them the skills to run these games by themselves, that way they can still create and enjoy games like this even after we've packed

up and gone."

Every one is given a chance, regardless of age or skill. Even younger kids who aren't all together confident in the water are taught to swim, hold their breath and pool safety, so they too could join in the games.

"Some of the kids we taught to swim last time were here again," Nathan said, "they were jumping in the water and swimming around with the other kids. It was great to see that those few days had helped them so much."

"It's a really fun day for the kids," said NPARC pool manager Thomas, "there's always a great turnout from each community."

Over five days, the KLSL's bus visited each of the NPA communities to collect kids to attend the program. Each community was given a day each, and as the pool was packed each time, it's a wonder how they might have fit in all at once!

There was little encouragement needed for the kids, Joseph Guligo (pictured left) even turned up bright and early to help the guys set up the raft,







# Sorry to see you're leaving, Yawo.

In April, NPARC waved a sad goodbye to three of our staff members; our Director of Engineering, Jim Foody, Manager of Cultural and Media Branch, Neville Reys and our Workplace Health and Safety Officer Jeff Lingard.

Though we will miss seeing
their smiling faces about the
streets and the office, as I saw
off each of these friends
and colleagues, it
seemed clear that
like the children
running around the
farewells laughing and
playing, we too should
celebrate their time
here, rather than regret

So, let's celebrate the ... years that Jim spent with the council, since the very day of NPARC's amalgamation.

a loss.

"Not many people can say they helped build a council up from the ground," he told me, looking extra sharp in his clean, new work shirts which had arrived on his desk on his second last dayand there's no truer way to describe Jim's contribution.

Jim has moved to Cairns for family reasons and since we are amongst friends, I don't think he will mind us saying, there is the sound of wedding bells ringing in the very near future!

With this happy news, let's also celebrate the years given to us by Neville Reys. Uncle Nev has been the backbone of cultural and media

support within NPARC since his days with the New Mapoon Shire Council.

His unbridled passion for his home and his people has shone through his work with RIBS and the Arts Center, and touched all those who had the privilege to work along side him.

"I have seen these children grow up to have their own children," Nev said at his farewell, "now it's time to spend time with my own children, with my own family."

Umagico Office has also fare welled the gorgeous Felisha Baira, a colleague who was definitely seen as more of an office grandmother and friend than as their long-time cleaner (as well as key provider and early morning receptionist apparently when the need arose.)

Our final goodbye this month goes to our workplace health and safety officer Geoff Lingard. Though he was only with us for a short time, he became known amongst friends as a character and a true blue, down to earth bloke. We hope that he takes his fighting spirit with him where ever he goes.

I was told once that it will rain when a great person is leaving, because the country is sad to see them go. Our late wet season has been flooding our streets and backyards this month, sorry to see you go.



Jim Foody



Nev Reys



Felisha Baira

"I was told once you eat the fruit of the Wongai Tree,
you will always come back," Jim said. Well guys, we will be seeing you soon.

#### **Power to the Power Savvv**

Hat's off to NPA residents who have been stretching their power cards. They've been saving money, saving energy and saving the environment. The oil company that supplies fuel for Ergon Energy's power stations, including Bamaga, had recorded a significant drop in power station fuel consumption over the past year.

"This was the first time there has been a drop in overall fuel supply," said Ergon Energy Manager Brian Elmer, "usually there is a steady increase over the years."

He said it couldn't all be put down to people practicing the power saving habits they learnt from *powersavvy*, but it was clear people were using less power and this was a huge achievement for the whole of the NPA.

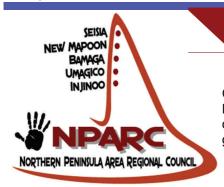
To help people keep up their power saving ways, *powersavvy*'s Wendy Phineasa has now embarked upon the second round of home energy saving consultations in the NPA. She's a lady that not only knows a heap of ways to save money and energy around the home, but she uses them in her own home too!

"My son gets really into it at home," Wendy says with a smile, "when I say switch off the TV, he goes straight to the wall switch."

That seems to be one of Wendy's best tips to saving energy— switch it off at the wall. If you'd like to have Wendy come to your home to help you become more power savvy, just give her a call on 0457 514 694.

The diesel that is burnt to produce energy gives off emissions that can be quite harmful to the environment, so by being power savvy, you aren't just saving money, you are helping to preserve this paradise we live in. Again, hats off to our *powersavvy* residents.





# So what's on in the NPA?

# **NPA's Got Talent!**

Come one and all to share your talents in the NPA talent Quest to be held on May 5th. Whether you sing, dance, balance a spoon on your nose or juggle oranges, we want to share your talent. Come on now NPA, we know you've got talent!

# Canberra to the Cape

Brad Carron-Arthur set off from Australia's capital city January this year, with an aim to run to the northern tip of the country and he's on his way!

He is arriving in Bamaga on May 9th and invites anyone to run alongside him from Injinoo to Bamaga and then from Bamaga to the service station on May 10th. The run is to raise awareness and funds for AFFIRM (Mental health research and support).

## **National Heart Week Celebrations**

Join the NPAWS mob as they celebrate healthy lifestyles during National Heart Week. 10th May outside Umagico PHC 1pm-5pm 11th May Bamaga Basketball Court 1pm-5pm

Join in weaving and dancing and learn tips for healthy hearts and healthy lifestyles.

# **Emergency Service Training**

SES and Rural Fire Brigade training sessions are still being held on alternate Tuesday evenings and Saturday mornings. Regular training dates in May will be:

Tuesdays 8th and 22nd, Saturdays 5th and 19th. Our emergency volunteers will also undergo road crash rescue training in May, practicing rescue techniques on old car bodies. Date to be announced. Contact Pete Kelly on 4069 3555 for more info or come along to a training night.

# **Arts Center**

07-11 May: local artists, school students and volunteers will design and install a mural for **RIBS** building

21-25th May: Teho Ropeyarn and Arone Meeks return to the NPA to help artists complete their designs in Side By Side's Exhibition Ready Program. The artworks will be displayed in a Cairn's Exhibition of NPA local art.

29th May- 01 June: Pottery workshop continuing with plaster moulds and experiment with clay ornamentals.

Workshops are open to everyone, of any skill level. Please contact Susan Kennedy or Rob Mark on 4083 0271 for more information.

#### **Dog Baits Set**

Community Notice: Dog baits have been set within the grounds of the Seisia Meat Works. Please keep dogs restrained and off private property.



Injinoo children fishing with sticks on Injinoo beach.

This issue is printed in Cairns. As a service to the communities, Skytrans kindly offered to freight the newsletters to the NPA free of charge. For the quickest way to the NPA call 1300 759 872, or visit: www.skytrans.com.au

# **Diabetes Forums**

Weekly forums are being held in each community to educate about diabetes prevention and treatment.

Injinoo- Tuesdays 2-5pm Bamaga—Wednesdays 9am-12noon Umagico—Wednesdays 2pm-5pm New Mapoon—Thursdays 10am-12noon Seisia—Fridays 9am-12 noon Held by Diabetes Educator Shirley Hill, all are welcome.

If you would like to advertise an event, submit a story for the month's "Deadly job and Shame Job' or make a contribution to NPARC News, please contact Media Officer Jess Saxton on 4048 6802 or Jessica.Saxton@nparc.gld.gov.au

