

In this Issue: New contact and sports page, Heart Week, road works, building works, NM park, and more...

Monster dune swallows trees



This dune is on the move (above), swallowing fully grown trees in its path, as it's driven along by south-westerly winds on the East Coast near Ussher Point. The height of the dune is approx 60m. In the process the landscape changes, as below, the parallel dunes near Escape River, now overgrown with new trees.



Images courtesy Mr Jim Foody, taken during surveillance flight with Cape York Helicopters.

NPA Airport re-seal

NPA Airport is undergoing re-seal work (27 May to 31 May, 2011). The runway is being extended by 240m (1833m total), re-sealed and receives new line markings. Additional lights are being installed around the new 240m section. The taxiway and apron are also being re-sealed and the current parking apron will be extended to accommodate more light aircraft. The new parking plan will be designed shortly and marked in due course. During the construction period the runway is operational for all scheduled Skytrans flights and any other aircraft are able to use the runway in the allocated timeslots.



Both images show the existing runway patchwork prior to the new re-seal works.

Road works Bamaga - Seisia

Road works between Bamaga and Seisia is currently carried out. Delays of up to 20 min can be expected in certain sections, as well as temporary detours. Once the repairs are completed the road will be re-sealed, end of May.
...more inside.



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Northern Peninsula Area Regional Council
 ABN: 27 853 926 592
 Entity Type: Local Government Entity



Offices:	Website: nparc.qld.gov.au	Phone	Fax	Location	NPARC CEO & Councillors	Phone
	NPARC Cairns	4050 1800	4050 1899	Bamaga	Stuart Duncan	4069 3211
	NPARC Bamaga	4069 3211	4069 3264	Bamaga	Daniel Sebasio, Dep CEO	4069 3211
	NPARC Seisia	4069 3133	4069 3180	Bamaga	Mayor Joseph Elu	4069 3211
	NPARC New Mapoon	4069 3277	4069 3107	Bamaga	Cr Reg Williams, Dep Mayor	4069 3211
	NPARC Umagico	4069 3266	4069 3115	Seisia	Cr Jeffrey Aniba, 0407 753 528	4069 3133
	NPARC Injinoo	4069 3252	4069 3253	New Mapoon	Cr Michael Bond	4069 3277
	Opening hours: Mon – Thu, 9am to 5pm, Fridays to 3pm.			Umagico	Cr Peter Lui	4069 3266
	NPARC Newsletter (NPA News)	4069 4605		Injinoo	Cr Gina Nona	4069 3252
Various:	Police, Bamaga	4069 3156		Swimming Pool, Bamaga		4069 3659
	Post Office, RTC, Bamaga	4069 3126		Jardine River Ferry (8am to 5pm)		4069 1369
	NPA Airport	4069 3383		NPA Refuse Tip (Mon-Fri, 8am to 4pm)		4069 3252
	Ranger Base, Injinoo	4069 3875			A/H	4069 3593
	NPARC Workshop, Bamaga	4069 3962		NPARC Housing:		
	NPARC Workshop, Umagico	4069 3419		Bamaga	4069 3211	
	or	4069 3012		Seisia	4069 3133	
	NPARC Workshop, Injinoo	4069 3903		Umagico	4069 3266	
	Carpenters' Shed, Injinoo	4069 3367		New Mapoon	4069 3277	
	Carpenters' Shed, Seisia	4069 3254		Injinoo	4069 3252	

Libraries: Injinoo Library	4069 3761	Hospitals / Health		
RTC, Umagico	4083 0333	Bamaga Hospital	4069 3166	Sagaukaz St, Bamaga
Family Services:		Dentist, at Bamaga Hosp.	4069 3166	Sagaukaz St, Bamaga
NPA Family Resource Centre Bamaga	4069 3555	T.I. Hospital	4069 0200	163 Douglas St, T.I.
NPA Women's Shelter	4069 3020	Health Centres:	Mon – Fri 8am to 5pm	
Safe House	4069 3223	Bamaga Health Centre	4069 3200	Adidi St, Bamaga
Bamagau Kazil	4069 3475	New Map. Health Centre	4069 3454	
New Mapoon Childcare	4069 3074	Umagico Health Centre	4069 3306	
Umagico Childcare Centre	4083 0111	Injinoo Health Centre	4069 3465	
Umagico Outside School Hours Care	4083 0440	Seisia Health Centre	4069 3271	
NPA Healing Centre – Injinoo	4069 3811	Bamaga HACC	4069 3305	
Injinoo Childcare Centre	4069 3510	Dep. of Child Safety (T.I.)	4090 3665	Thursday Island
Injinoo Outside School Hours Care	4069 3109	T.I. Pharmacy	4069 1548	Thursday Island

Schools / Campuses / TAFE	Service Stations:	Supermarkets / Stores		
Bamaga, P 6-12	4090 4333	Bamaga, IBIS Supermarket	4069 3186	
Bamaga, P 1-5	4090 4444	Seisia Supermarket	4069 3218	
Injinoo Primary	4090 4888	Alau Supermarket	4069 3273	
TAFE, Bamaga	4069 3214	New Mapoon, General Store	4069 3013	

Seisia		Umagico		New Mapoon		Injinoo	
Seisia Enterprises	4069 3243	WP H & Safety	4069 3991	C-York Ice&Tackle	4069 3695	Youth Centre	4069 3961
Wharf	4069 3158	Alau Lodge/Camp	0417088431	Loyalty Beach	4069 3372	Centrelink	4083 0158
Meat Works	4083 0201	RTC	4083 0333	Nai Beguta	4069 3408	Readymix	4069 3258
Top End Motors	4069 3182			Arts Centre	4083 0271	Injinoo /ITEC	4090 4950
Seisia/RTC	4069 3884					Inj. Justices Grp	4083 0360
NPA/Electrics	4045 5518					Ranger Base	4069 3875
Cape York Adventure	4069 3302	Seisia Hire Car	4069 3368			Torres News	1300 867 737
Seisia Camp Ground	4069 3243	Carp. Seafaris	4069 3254			Nat. Ind. Times	1 300 786 611
Seisia Styles (Hair)	0428660694	Cust Sport Fishing	4069 3301			Koori Mail	02 66 222 666

Bamaga		Punsand Bay	4069 1722		Seaswift	4069 3933
Garage	4069 3903	Cape York Traders	4083 0446		Skytrans	4040 6700
Sports & Recreation	4069 3675	CY Car Detailing	4069 3558		Skytrans	1300 759 872
Resort Bamaga	4069 3050	Cape York Spares	4069 3803		WestWing Avn	4069 1380
Bamaga Tavern	4069 3260	Dreamtime	4069 3222		Peddells Ferry	4069 1551
Bamaga Bakehaus	4069 3106	CAPE PCYC, NPA	4069 3388		Aust Helicopter	4069 1256
Centrelink, Bamaga	4069 3628	Resources Centre	4069 3555		CY Helicopters	4069 2233
Radio Station FM91.9	4096 3356	Activity Centre	4069 3980		Taxi, Bamaga	4069 3333

All Emergencies, Ambulance, Fire Brigade: 000	Australian Customs Services	1800 06 1800	Ergon	4069 3164
Hospital, Bamaga	Crime Stoppers	1800 333 000	Sunwater	4069 3409
SES	Environmental Health	4069 3992	8-5, Fri 8-3	
Ambulance	Australian Customs Services	1800 06 1800	Airport	4069 3383
AQIS, Bamaga	Coastguard	4069 3030	in Emergency 000 or 4069 1520	
Mobile phones	Volunteer Marine Rescue	0428 692 004		

New Mapoon Sports Oval



Cert II in Construction participants are working on the boxing for the foundation. The extension will house toilets and a change room.



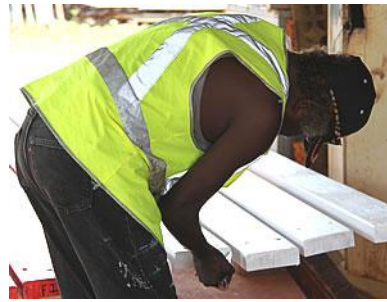
Grandstand is awaiting painted seats.



The under 8's had their special day at Injinoo Park (mid May), starting with a walk around the park, their vocal chords in peak condition. Face painting, bubble blowing, reading and singing, all part of the activities, and more. 'Twinkle, twinkle chocolate bar,' to the tune of 'little star' was a melody the teachers knew well, although slightly lost for words, as they were adapted to the likes of 8-year olds.

The Yarramundi Puppets also performed at the new library at the Primary Campus and visited the children at Umagico OSH and Child Care Centre during the week. All events enjoyed enthusiastic participation of the children.

Twenty men have passed Cert II in Workplace Practices; some are here painting the seats for the New Mapoon grandstands. Each of the planks is numbered.



Umagico Feasting Shed...



At Umagico the boxing is in place, awaiting concrete.

Bamaga Supermarket

Images from April to May.





Low tide at Cowal Creek, Injinoo.

A message to dog owners

A young girl (4yrs) was attacked by a dog in Seisia. She was bitten in both legs. Mr George Mara from Environmental Health (which also covers Animal Management) explains. "I went to see the owner. The owner was too stubborn, didn't want to help to retrieve the dog."

"He just took it off the leash saying, 'You want to catch it... there you go'. I mean a four year old, I don't know. What if it had been the other way around... not wounded but dead? Then we went and approached the Police, we wanted to go and..., but the sister up in the hospital helped, got the police to go down, it was on the weekend."

"I don't know if they did that but on Monday I told the boys, go down and grab the dog, because I was there at the hospital, when they carried the little one. We took the dog and put it down. The other issue down at Injinoo there, a daughter of mine (22yrs), it was probably about 10:30pm and she walked back home. The dogs attacked her (2 dogs). When she chased one, the other one came from behind and nicked her at the back of it (leg/foot area). I went down (to Injinoo) and put that dog down. When I went to see the owner and the owner said, 'My fence is not done,' and I told the owner, 'I'm not here to talk about the fence. I'm here to talk about the attack that happened here. It was your dog.' The (issue of the) fence is between you and the housing officers. You still should make a pen inside your yard, to pen those dogs, to keep them in your yard. Don't let them on the streets. I just want to put out there to dog owners, that aggressive dogs, any dog that attack, harass, it won't be tolerated."

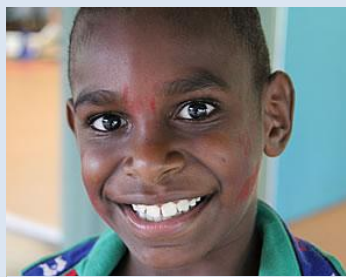
"If the dog owners think that they have a dog like that, then they should be mindful and keep the dog in a pen in the yard. They got a responsibility. The responsible dog owner, there are five steps:

1. Register your dog at the local NPARC office;
2. Make sure your dog is on a lead when you take your dog outside your yard, by a responsible adult, not a kid, adds Mr Mara;
3. Keep your dog in your yard and keep the gate closed.
4. Make sure you have a sign on the fence, saying: 'Beware of dogs.'
5. De-sex your dog.

"Now it's mating time and dogs go berserk and bark and they fight. The owners are playing hard to get when the Vet is here. But we know that the owners don't feed them, they'll be out on the streets wondering around. As soon as you see that, just pull up, and set the traps. They started in Umagico, 10 dogs at the shop in one day. They are now in the pound. Now if they want their dog they have to pay at the council office \$100. If it's unregistered, it's \$145 (If it is de-sexed it is cheaper)."

Bark in the dark

Bamaga has at least one dog suffering from some kind of insomnia. To pass the time it is counting the stars, or so it seems, one bark for each. As there are so many of them it takes all night, several nights. At times the neighbouring dogs join in, ensuring all who try to get some sleep know about it. Best time to get some sleep: Prior to 11pm



UMI Markets in Cairns

The last Friday of the month is Indigenous Markets Day at the Esplanade in Cairns, near the Swimming Lagoon, now in its 3rd year. (based on UMI media release, 16th May, 2011)

The Markets provide a platform for Aboriginal and Torres Strait Islander dancers, musicians, artists and stall holders to come together to show, sell and talk about their culture (4 - 9pm). For more information, call Renee at UMI Arts on: 07 4041 6152.

NPARC Chief Executive Officer
Mr Stuart Duncan

NPA Heart week



Mrs Alison Petelski, Ambulance Paramedic, presenting information on the signs and symptoms of Cardiac Chest Pain and the importance to call for an ambulance on: 000. "Call 000 in any emergencies, don't hang up, and listen to the advice of the operator. Most important is to give the address to the operator, so that ambulance knows where to go to. Even whilst talking to the operator the ambulance is notified and already on its way. Some people think it is quicker to drive in their own car to hospital. The ambulance can give life saving treatment and call in back-up if needed. Imagine if someone is driving and someone is having a heart attack and then the car broke down. No-one would know where they are (as mobile coverage is limited in the NPA)."



Steps to make your heart and body strong and healthy: Eat a variety of nutritious foods; lose belly fat; eat less sugar (such as in soft drinks, cakes, lollies); eat less fat; increase your physical activity; take your medications; drink less alcohol; drink more water; stop smoking; and keep your mind strong.

Within the Torres Strait and NPA: 45 new cases of RHD in 2010 including three children less than 5 years of age; 310 known cases of ARF/RHD currently on the district register; 75 known cases in the NPA. 45% of Aboriginal and Torres Strait Islander people receiving heart valve surgery due to RHD are under 25 years of age.



That is often all it takes, healthy eating, to get on the road to recovery. Fresh fruits and freshly made dishes passing the taste test at Injinoo's Healing Centre (above) and at Primary Health Centre at Umagico (right).



Programmes in each community: How the heart works; Symptoms of ill health and what to do in an emergency; Diabetes and Heart Health; Tobacco and Alcohol; Rheumatic Heart disease facts; Healthy eating and food choices.



Prevention is best: Prevent Rheumatic Fever by treating sore throats and skin sores. School-aged children complaining of joint pain could be suffering from Rheumatic Fever. Seek professional help. If you have Rheumatic Heart Disease follow the instructions of your medical professionals.

Health workers visited all communities in the NPA, delivering their messages of healthy lifestyle choices. Not just a message, they brought along pots and pans to show how simple it is to dish out healthy meals.



Ms Jasmina Haukka, IBIS Nutritionist, shares her knowledge of how to get or stay healthy, at least as far as cooking and eating is concerned, her meals culinary delights enjoyed by all.



The rice looks nice.

The recommendation to healthy eating, showing the proportions of each type of food (pyramid, below left).

Carrots, celery and dip (left). Free herbs available to take home and plant in your garden (below).



The heart (above) and the blood vessels that supply it with blood and oxygen (below left and centre clogged with fatty material). But it doesn't have to be this way. Be informed and make the right choices.



All supermarkets had 'NPA Heart Week 2011' flyers, ensuring good publicity of all events, as well as providing useful information.



Setting up the banner at Seisia supermarket.

Reduce the risks of Heart Disease, especially for those who are diabetics, are overweight, smoke or drink excessive alcohol, are inactive, suffer from high cholesterol, high blood pressure and are socially isolated.

Most of these risk factors can be prevented.

NPA Heart Week 2011 is sponsored by Queensland Health, NPA CHAT (Chronic Health Action Team), and NPA Family and Community Services. The health messages shown here are based on NPA CHAT's information. Make the right choices for a healthier life, YOUR LIFE!



Seisia calm

NPA Heart week

Physical activity is as much part of healthy living as all other recommendations mentioned. It reduces the risk of many common diseases.

- ✓ Reduce your risk of heart attack;
- ✓ Manage your weight better;
- ✓ Reduce your blood cholesterol level;
- ✓ Lower the risk of Type 2 diabetes;
- ✓ Lower the risk of some cancers;
- ✓ Reduce your blood pressure;
- ✓ Have stronger bones, muscles and joints;
- ✓ Better recovery from heart attack.

Our health can be improved, by following the advice given. The Chronic Illness Reduction Team at NPA Family and Community Services aims to reduce the high rates of many chronic illnesses within our communities.

A physical activity program is currently underway (6pm to 7pm): **Injinoo**: Yoga – Maddy, at the Healing Centre (Mondays); **Bamaga**: Gym Circuit, Carole, Bamaga Gym, (Tuesdays); **New Mapoon**: Salsa Dancing, Nathan, NPARC Office, the hall (Wednesdays). **Umagico**: Gym circuit, Carole, at Umagico Hall (Thursdays). Contact Kristi, Project Officer of Chronic Illness Reduction Team, tel: 4069 3355.

Backyard Garden Programme Info Sessions

Also part of NPA Heart week is the launch of the Backyard Garden Programme.

Nothing is more rewarding, fresher and healthier than produce grown in your own backyard.

All produce shown here was grown in the NPA (The Marinki's garden, Bamaga Senior Campus, and Mr Unswin's garden). There are many other examples.

For more info contact the Family Resource Centre, Ms Natasha Brunne, tel: 4069 3555,

or email: natashabrunne@npaws.com.au



Information provided:

- ✓ Preparing for a garden;
- ✓ Getting started;
- ✓ Maintaining the garden.

All were held at Bamaga Nursery.

New Mapoon Park...

...before its transformation. More on page 12.



Seisia Camp Ground expands



The new expansion at Seisia Camp Ground is near the previous extension, adjacent to the parking area at the wharf, just metres from the beach.



Road works at Loyalty Beach turnoff



Thumps up!

Cert II in Construction

The NPARC CDEP team in association with the Department of Employment, Education and Workplace Relations (DEEWR) have engaged The Learning Workshop, a Cairns based company, and Skilling Solutions Queensland, to complete a full skills audit of the crew currently participating in the CDEP Certificate II in Light Construction.



CDEP Mentor, Mrs Elaine Wade, "This will provide a far greater opportunity for these participants to secure apprenticeships to continue their trades or full time employment, especially for the upcoming housing roll out."



and Skilling Solutions (both from Cairns). We are doing résumés and are assessing men, who are about to complete their Cert II in Construction with the council. Positively, these men, their performance level is high, and I've done a lot of assessing. They are proficient in what we need. The outcome is not only to give



them a really good mainland résumé, but another outcome is to see that we can put them in other directions if they need it, but the biggest outcome is that we..., my job is to assess that they can continue further studies. They all have the proficiencies to continue further studies."

"There is no need for any of these men to stop. I have a list of jobs coming into the Bamaga community. A part of that agreement with all the building that is going on in the 5 communities is that these men do get employed, properly employed, not CDEP employed, real jobs, real work, real conditions."



Ms Jenny Cadzow, Assessor for The Learning Workshop, explains the hive of activities at the Jobfind Centre, Bamaga, "We've been invited by NPA Regional Council. We've got The Learning Workshop



"These participants will be completing language, literacy and numeracy testing, a full skills audit with RPL (Recognition of Prior Learning) assessment and a brand new up to date résumé, to assist them in their opportunity to secure their futures upon completion of the CDEP training course. What we are finding is that our CDEP participants are under estimated, and that these guys have a high level of skills in a wide range of fields. CDEP want to provide the opportunity for the participants to gain knowledge, skills and in the end, full time employment."

Congratulations to each and every one! The good news is: that about 60 full time equivalent jobs are expected over the next 8 years, due to the housing roll-out, informs Mr Alex Barker. A number of Cert II in Construction participants has already been offered employment.

Upcoming training courses:

"We are commencing the Certificate I and II in Horticulture in June," says Mrs Wade. "At this stage we are seeking Expressions of Interest from anyone and everyone that is interested not only gaining the qualification but contributing to their communities."

"Participants of this course will be completing projects such as the Injinoo and Umagico Central Parks, New Mapoon All Abilities Park, Bamaga Town Beautification, just to name a few. We want as many people to participate for community involvement and a sense of pride for our local area. Expressions of Interest are also being taken for a Coxswains Course (Certificate II in Transport & Distribution – Maritime Operations) to be held mid year. Also in association with the Construction Skills Set, CDEP will be providing Scaffolding and Working at Heights training, High Risk Licence and Forklift Ticket, for further employment opportunities during the housing roll out. Expressions of Interest for all CDEP training can be forwarded to CDEP Mentor, Mr Michael Bond on 07 4069 3133."



Premier's Disaster Relief Appeal

The money is in and the count is over! A total of \$2211 has been raised to aid the Premier's Disaster Relief Appeal through the recent Inter-organisational Swimathon and raffles (NPA News, Issue 24, page 20).

Event organisers, the Chronic Illness Team at NPA Family and Community Services, want to send a big THANK YOU to everyone who got behind the initiative to make it so successful. The generosity of our local community in partaking and donating goods and services was fantastic.

By Mrs Margie Ware.



Mr Joel Sam



Miss Lizzie Clemond



Mr Vincent Babia



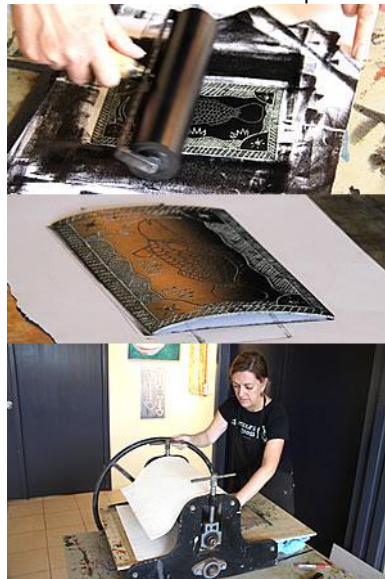
New Mapoon Arts Centre has come a long way in the last year. Paintings, carvings, prints, and a rich array of local creations are on display in the quite, air-conditioned gallery. Throughout the year various workshops were held at the premises. The lino and screen printmaking workshops in April left many impression (above: literally).



Miss Maria Stephen



Mrs Susan Kennedy



Miss Hunter on the printing press.



Enquiries relating to the New Mapoon Art Centre, or upcoming programmes can be directed to Mr Neville R Reys, tel: 4069 3277, or Mrs Agnes Mark / Susan Kennedy, on 4083 0271.

The centre is open to all artists from all NPA communities, and each is encouraged to display their work here.

Visitors to the NPA are welcome and may have opportunity to meet local artists at work. It's a 'must see' destination.

NPARC Chief Executive Officer
Mr Stuart Duncan

no-one knows about us

Rosehill Racecourse, Sydney, was the venue for this year's Caravan Camping Supershow (Apr/May, 2010). Mrs Eugenie Ball, Manager of Seisia Camp Ground, and Mr Rupeni were there.

"I went down there for 5 days," says Mrs Ball. On Saturday we had about 11,000 people come through, on the second day there were about 17,000."

"It was awesome..., they had huge, colourful displays. Tourism NT had a USB stick, with all the data and information like road conditions, where to go, what to do. Everything was put onto that USB stick, as promotional material, as a give-away."

"Something that I realized down there is that the NPA & Torres Strait needs to put together a formal tourism body or corporation that will look at marketing this area, because no-one knows about us up here. I was surprised to see of how many people didn't know where Cape York was, or what was up here. They hadn't even heard of Seisia or Torres Strait."

"I realise that we don't want to get flooded by tourists all year 'round, but I think if these people just market this area as a possible destination in the peak season, from May through to October, you get a hell of a lot more people up here. More people will know what to expect. These people come up (the current visitors) and carry everything that they need, not knowing that they can get the basic supplies up here."

"Tony and Joy Gardiner, they are the people that ran our stall. They are such a big help, not only to the Seisia community and the Holiday Park, but to every business up here. They actually advertise and boast about everyone and everything up here, you can see their passion and love for this area."

"The community really needs to recognize them. They are two great people. The Gardiners live in Sydney but have been coming to Cape York for 3 months of the year for the past 17 years, or thereabouts. It was an eye opener in that I thought that I could talk a lot. I would wait at the table for the interested parties then talk to them, but Joy would go 'Hey, you're coming to Cape York?' or something like that. People say 'no,' but she would be persistent. It's something that I learned from her, being persistent."



"It was amazing to see how many people want to come up here, but they just don't know. It is easier for them to go to Port Douglas. We promoted north of Weipa, most people know where Weipa is, but they don't know what is north of Weipa, unless they've done research into this area and planning their holidays. We promoted

everything, from Bramwell Station through to Peddells on Thursday Island. This is the first time that Indigenous representative attended from up here has gone down (to the Caravan show). Last year Tony and Joy did it on their own and Blondie went down as well."

"We've come up with some things that we'd like to do. We'd like to speak to most of the tourism operators in this area, and collectively put something together and promote. Maybe get banners printed up, not necessarily of the businesses, but of this area, how to get up here, what services are up here, and then print out brochures. I think it needs to be a collective effort."

"One thing I found, if you can manage your household or your house, you can look after a business, because it's exactly the same. There are different areas that you need to look after. For example if you can ensure that say your food when you cook is clean and healthy for your family, that they'll be happy, it's the same for business. You need to prioritise and organise. It's like a house; you have to make sure that things are all in order. If it's not in order, it's going to be chaotic. Don't get me wrong, there were times when it was chaotic. We ran around like a chicken with its head cut off."

"We now have a new manager at the Holiday Park, his name is Danny. All the best to the staff of the Holiday Park in season 2011."

<http://www.seisiaholidaypark.com/>

tel: 07 4069 3243



Beach frontage from Seisia Holiday Park.



Mrs Eugenie Ball started as Seisia Holiday Park manager before last year's bumper season (covered in Issue 11 and 16, NPA News). Mrs Ball will have a year off for maternity leave. How did she cope during that year?

"It was hard, but I think with the staff that we had, it was a team effort. I can't say that I did it all by myself, because there were times when I was pulling out my hair. The girls in the office, especially Danica, Megan and Frances did an exceptional job in holding the office together."

"The responsibility of ensuring customer satisfaction and the organising definitely comes with its challenges. Without having the support from Arthur (Wong) and the staff, I would not have been able to do it. I was only 23 when I took on that job. I didn't have a lot of experience in managing. If the staff were horrible to me, I don't think I would have lasted there. It was a group effort, and I must say Rupeni and Brett looked after the grounds, it was beautiful."

"We had a couple of incidences last year. We had a peeping Tom. That was an experience for me. It happened about 6 in the morning. When I and Rupeni got to work the police were already there."





"The goal is to make each of the Indigenous Learning Centres a community hub, so that there are always programmes and activities going on outside of school hours, into the evening, so that families have got a place to go to in the evening," explains Mr Russell Symons, "...either art, culture, reading. We want to get tutorials going for helping parents to learn to read to their children while they are still in the womb. That way the parents gain confidence to be engaged in the education of the children, all the way through." There are currently 3 Indigenous Learning Centres in the NPA, being at Injinoo, Seisia and New Mapoon. On the cards are the establishments of two additional Indigenous Learning Centres, one at Bamaga, the other at Umagico, possibly in the next financial year, following the success of what has been achieved with the three existing centres.

Project training in **Horticulture**

Bamaga Farm, the new Nursery, Umagico Market Garden, and Community Landscaping are projects where anyone who is interested in horticulture can work and receive training at the same time.

Please register your name and contact details with Mr Michael Bond, CDEP Mentor, NPARC New Mapoon, tel: 4069 3277, or email:

michael.bond@nparc.qld.gov.au for Cert I and II in Horticulture training. Following the completion of the certificates possible careers are as: Garden Landscape Assistant, Nursery Assistant, and Farm / Market Garden Assistant.

Injinoo Sports Oval



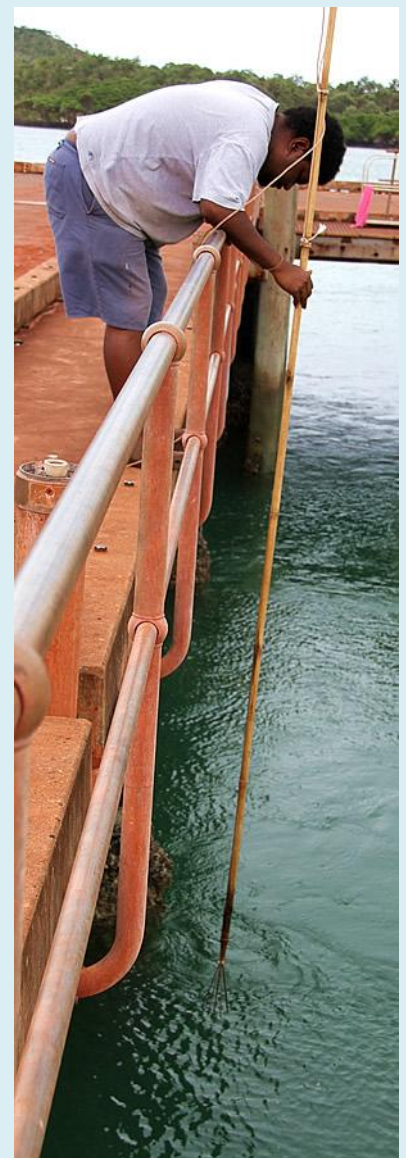
At Injinoo Sports Oval, the old roof has been removed from the toilet block, while the grandstand has new seating in place.



Seisia's first multilevel parking facilities?

Indigenous Knowledge Centres

Mrs Sandra Sebasio from the Injinoo Knowledge Centre is going on a Language Workshop. "How do we revive language, how do we involve children in learning their own language?"



Spear fishing for barramundi, at Seisia jetty.

NPA Menshed's new base



New Mapoon will become the base for NPA Menshed. The site is cleared, awaiting the arrival of buildings from the south.

Bamaga Primary Campus



The skeleton of the new library building at Bamaga Primary Campus is coming together.

New Mapoon: Cert II in Construction



The men taking part in Cert II in Construction poured the foundation for a BBQ in New Mapoon. Umagico and Bamaga will also get a BBQ each. The men cut the steel, constructed the form work, and poured the concrete. The block work is next. Once completed each community will have a BBQ.



Seisia road repair work

A section of road near the wharf is now repaired.



Bamaga Trade Training Centre

Concrete work and internal fit out is next, at Bamaga Senior Campus.



Repair work

The house which sustained extensive fire damage at Injinoo is about to be repaired (Mrs Cecilia Ropeyarn's place).



NPARC job adverts

NPA Regional Council advertised for:

Two Workplace Health and Safety Officers, a labourer / truck driver, and a labourer for Parks and Gardens (on local notice boards and NPARC website).

NPARC Chief Executive Officer
Mr Stuart Duncan



Mandingnou Apudthama Apang

New Mapoon Family Place

New Mapoon All Abilities Playground

Following a long and very patient wait the 'Mandingnou Apudthama Apang' project is about to get started in earnest. New Mapoon has been involved in designing their unique community park and 'all abilities playground' as far back as April 2008 (first covered in issue 3, NPA News, Aug 09). The project is part of the 'Queensland All Abilities Playground Project' (QAAPP), funded principally by 'Disability Services' from the Queensland Department of Communities. In Sept. 07, the Department provided \$4.6mill to 16 local councils across the state to develop all abilities play spaces in collaboration with their local communities. New Mapoon is the only indigenous community to be funded under the program. ('Mandingnou' is the original name of the area where New Mapoon is located. It means 'Place of spring'. The playground site location is between Bond and Langie-Draha Streets)

The size of the proposed park is now somewhat reduced to half of what was planned earlier, due to limited financial resources. The All Ability Playground is going to be on the Seisia side of the park, while in the direction Bamaga the remaining land between the two streets is for future development. It is going to consist of a playground that is divided and fenced off. It is hoped that there is local community involvement during its construction.

Mr Michael Bond, NPARC Councillor for New Mapoon, "One side is for the little ones, the other for the grown-ups. Unfortunately the plan has been reduced, and it's only going to consist of those two areas. The other area that was on the original plan was an open area. The one that they are going to go ahead with now, on the plan is 60m (between Bond St and Langie-Draha St). It is still going to have everything, apparently. It will still have the equipment that we had on the original plan, except the area outside the areas I mentioned (the little ones / grown-ups) is not going to be worked on. But it can be left there for future development. We can continue that if we get more funding. Apparently the original funding that CAT ('Centre for Appropriate Technology') got wasn't enough for the whole area to be developed."

"The equipment was ordered yesterday (early May, from overseas). It will take something like 10 weeks before it gets here, but that doesn't mean that the project can't start. They are going to start the ground work pretty soon, preparing everything. We are hoping to have the CDEP workers help with the toilets and shelter, but I think their main job will be to do the fence. It is also going to be landscaped. The gardens will be done by us. I'm looking at running a horticulture course for CDEP participants, which will probably start in July. The gardening around there will be part of the project, part of that course. The garden is going to consist of mainly bush tucker, bush and medicine plants endemic to this area, that the people can use, but we have to make sure where you got kids you're going to have kids that are attracted to certain types of fruits and flowers of plants. The leaves and parts of the plant may affect them if they use it the wrong way. Certain fruits on a plant may be used for medicinal purposes, not for eating. It will be an education thing. What I like to look at to eventually have a plaque on each of those plants that will explain the uses of that particular plant."

A quote from the 2009 article: Mr Neville Reys (NPARC, New Mapoon), a strong project advocate and steering committee member, has been insistent about the need for the community to control and maximise involvement in the construction. "This project can build on the work that council and community did ourselves years ago, when we landscaped an adjacent area of parkland," Mr N. Reys said, "we did this ourselves, and it has been a source of pride for our community ever since, so it will be important that this flows on to this project, creating a deeper sense of pride in our community through the involvement of our community in construction, especially younger people." (end quote)



"Traditional tucker is mainly plants that are used by people here for consumption. We're looking at plants that we can take from the bush and grow here, and plant out in the garden bed. There is a tree that grows in the rainforest; its fruits grow on the trunk of the tree. There are different types. There is one that people grow on the islands that people grow in their yards here now, but there are also ones that grow in the rainforest. The Dog Fruit (*Morinda citrifolia*, used to make Noni Juice) are a native to this area. There is another one with a white fruit; we eat this in the wet season. Some of the plants are used for their leaves."

...continued next page

Mandingnou Apudthama Apang continued...

"Some of the vines that grow on the beaches can be used to treat wounds. With the labels (the plaques) we'll be able to have the common names, the Aboriginal names, and the Torres Strait islander names, the botanical names and a description of how the plant is to be used."

"I'm happy with that (that the park is finally getting started), unfortunately because it's been cut down with the other part being excluded, yeah, I would have liked to see enough funding there to do the whole park. That can be done in the future. The thing I'm probably disappointed about is that we can't do it all at once. We're going to try and see that we can have a lot of local people ... (helping with the park), but it will be overseen by Black & More (Consulting Engineers, Cairns).

We are going to have CDEP involved in it, and we're going to have a lot of workers there, but if people are willing to volunteer, come in and help do things, they may have expertise, ideas they can contribute, they are more than welcome. They can either contact me or someone in the council (NPARC New Mapoon, tel: 4069 3277)."

The playground items are sourced out of Europe. It pushes the start button on the construction process. CAT (Centre for Applied Technology) have done a lot of preliminary work and pulled a lot of funding sources together to get the project done. Black & More are engaged to do the project management during the construction phase. The playground equipment will be installed by G&D Northern Landscaping (Cairns). Arts Queensland is funding a mosaic wall; DERM funds the horticultural section (bush tucker / medicine section).

The back of New Mapoon has a new dam, which will supply irrigation water to the proposed park and sports field.

Repair works

Road to Loyalty Beach (above).



Access to the wharf at Seisia was temporarily closed. Road works at Bamaga (below) and many other places.



Road to the Tip.

**More Ghost Nets**

Apudthama / NPARC rangers spent a week on the West Coast collecting some 300 ghost nets.

**Cert III in Aged Care**

Ms Moira Aniba (left, NPA HACC coordinator) and Ms Sue Winchester (right, teacher at Cairns TAFE) following a meeting at New Mapoon.

Ms Winchester, "We had some students complete their Cert III in Aged Care, and a couple more on their way, and we have a lot more training happening as of July this year, and we're having Graduation ceremony in June."

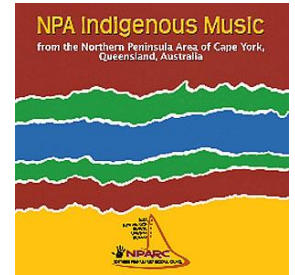
One in a billion

"This is the biggest in the world. The moth can distinguish 1 molecule in a billion of the female pheromone, which is the sex hormone. The female emits that. The male has these antennae that picks up the molecule, and is able to find her," says Mr Chris Roberts, Marine Biologist.

Unfortunately this moth (image) is no longer able to distinguish anything, as its remains are in the process of being recycled.

They are on their way...

... the CDs and DVDs recorded some months ago in the NPA.



The CD contain some 75 minutes of recordings from individuals, local artists, bands and choirs, all recorded in the NPA, then edited, arranged and mastered in Cairns. Mr Karl Neuenfeldt and Mr Will Kepa (PHD Productions) were in the NPA several times (first reported in Issue 12, March/April 2010). The discs are pressed, the printing is completed. Mr Neuenfeldt is forwarding copies to the ABC, SBS, National and State Libraries and to local Queensland Indigenous stations.

Wildlife fatalities...

... this, and too many birds, especially Dollar Bird and the Rainbow Bee Eater.



21.5.11	FOLEY SHIELD				TOWNSVILLE
	ARL NQ UNDER 15s				TOWNSVILLE

ROUND 2 MENS	GAME 15L	SUNSET CRUISERS	VS	ROPEYARN RAZORS	YUSIA OVAL	6:30PM
	GAME 22M	BAMAGA ROOS	VS	ALAU EAGLES	YUSIA OVAL	7:30PM

27.5.11

28.5.11	GAME 16L	TOPEND UNITED	VS	SUNDOWN SIRENS	KBO	12:00PM
	GAME 22M	ROOSTERS	VS	INJINOO CROCS	KBO	1:00PM
	GAME 23M	MULGA	VS	SUBURBS	KBO	3:00PM
	BYE - NEW MAPOON					

3.6.11	GAME 17L	ROPEYARN RAZORS	VS	TOPEND UNITED	YUSIA OVAL	6:30PM
	GAME 24M	ALAU EAGLES	VS	NEW MAPOON	YUSIA OVAL	7:30PM

4.6.11	GAME 18L	SUNSET CRUISERS	VS	SUNDOWN SIRENS	KBO	12:00PM
	GAME 25M	ROOSTERS	VS	MULGA	KBO	1:00PM
	GAME 26M	SUBURBS	VS	BAMAGA ROOS	KBO	3:00PM
	BYE - INJINOO CROCS					

11.6.11	ISLAND OF ORIGIN				BADU
	NQ JUNIOR CHAMPIONSHIPS				TOWNSVILLE

ROUND 4 LADIES	GAME 19L	SUNSET CRUISERS	VS	TOPEND UNITED	YUSIA OVAL	6:30PM
	GAME 27M	NEW MAPOON	VS	INJINOO CROCS	YUSIA OVAL	7:30PM

17.6.11

18.6.11	GAME 20L	ROPEYARN RAZORS	VS	SUNDOWN SIRENS	KBO	12:00PM
	GAME 28M	ROOSTERS	VS	SUBURBS	KBO	1:00PM
	GAME 29M	ALAU EAGLES	VS	MULGA	KBO	3:00PM
	BYE - BAMAGA ROOS					

25.6.11	GAME 21L	SUNSET CRUISERS	VS	ROPEYARN RAZORS	KBO	11:00PM
	GAME 30M	ROOSTERS	VS	BAMAGA ROOS	KBO	12:00PM
	GAME 22L	TOPEND UNITED	VS	SUNDOWN SIRENS	KBO	2:00PM
	GAME 32M	SUBURBS	VS	NEW MAPOON	KBO	4:00PM
	GAME 33M	MULGA	VS	INJINOO CROCS	KBO	6:00PM
	BYE ALAU EAGLES					

1.7.11	GAME 23L	ROPEYARN RAZORS	VS	TOPEND UNITED	YUSIA OVAL	6:30PM
	GAME 34M	BAMAGA ROOS	VS	NEW MAPOON	YUSIA OVAL	7:30PM

2.7.11	GAME 24L	SUNSET CRUISERS	VS	SUNDOWN SIRENS	KBO	12:00PM
	GAME 34M	INJINOO CROCS	VS	SUBURBS	KBO	1:00PM
	GAME 35M	ROOSTERS	VS	ALAU EAGLES	KBO	3:00PM
	BYE - MULGA TIGERS					

KBO = Ken Brown Oval (Thursday Island), Yusia Oval = Yusia-Ginau Memorial Field (Bamaga). This table courtesy Ms Sonia Townson.

National Immunisation Program Schedule for Queensland

If you have just given birth to a child, it is important to see a Health Professional at a Medical Health Centre or the Hospital.

Teke youpla piknini to health clinic when:

At birth

2 months

4 months

6 months

12 months

18 months

24 months

4 years

Year 8

Year 10

Protect umpla piknini from kese sik.

Give your child the best chance in life by bringing it to a Health Centre or Hospital for immunisation when it is a certain age (see left column).

Immunisation is important for children. Immunisation helps to protect the child from serious childhood diseases, but also others in the community by increasing the level of immunity and minimizing the spread of disease. Immunisation can protect against Diphtheria, Hepatitis A and B, Measles, Meningococcal C disease, Mumps, Whooping cough, Polio, Rubella, Tetanus, Chickenpox and many other diseases. Vaccines trigger the immune system to make antibodies to fight against certain diseases. They use the body's natural response to disease so if a vaccinated person comes in contact with the disease, their immune system will respond by stopping it to develop or greatly reducing its severity.

Bamaga Hospital, **4090 4227**

8am – 5pm, Bamaga Hospital

Dentist



Specialists coming to NPA, T.I. and outer Islands May/June

Bamaga Hospital and Community PHCC

1 Jun	Gen Phys, Bamaga - OPD
2 Jun	Gen Phys, T.I. H. all day & Paeds (Jason Agostino & Echotek only)
3 Jun	Gen Phys, T.I. H. OPD: am & Paeds (Jason Agostino & Echotek only)
7 Jun	ENT T.I. H. OPD/Theatre all day
8 Jun	ENT T.I. H. OPD/Theatre all day, Chest – Saibai (Dr Vincent)
9 Jun	ENT T.I. H. OPD/Theatre all day, Chest – Boigu (Dr Vincent)
7–17 Jun	Ortho, Perry Turner, (actual days to be confirmed)
21–24 Jun	General Surgery, T.I. H., Chest – Saibai Nurses Clinic on 22 Jun.
27–30 Jun	Dermatologist, Bam:27, Saibai:28, Badu:29, T.I. 30 Jun
31 Jun	Eyedentity Optometrist Saibai Clininc
6 Jul	Chest, Saibai Nurses Clinic
12 Jul	Pre-Scopes Clinic Appts
13 Jul	Scopes – OPD and Theatre
14 Jul	Scopes – Theatre
15 Jul	Liver – OPD: am
18 Jul	Endocrine, T.I.
19 Jul	Endocrine, Bamaga
20 Jul	Chest, Saibai Nurses Clinic
28 Jul	Gen Phys & Paeds (Jason Agostino & Echotech only) T.I. – OPD: All day
29 Jul	Gen Phys & Paeds (Jason Agostino & Echotech only) T.I. – OPD: am

Weekly planner for Diabetes Educator Clinics, 2011

Need Dietitian, Diabetic Specialist, Eyedentity? Call Mrs Shirley Hill, Ph **4069 3200**.

Tuesday	Wednesday	Thursday	Friday
2pm–5pm Injinoo Clinic	9am –noon Bamaga Clinic	10am – noon New Mapoon Clinic 2pm –5pm Umagico Clinic	9am – noon Seisia Clinic

Services provided: Diabetes prevention / management, Diabetes check up, Medication information, Insulin management, Foot Care / checks, Diabetes in Pregnancy, Diabetes Specialist Appointments, and Eye appointments. Make appointments with Health Centre Staff, or just pop in.

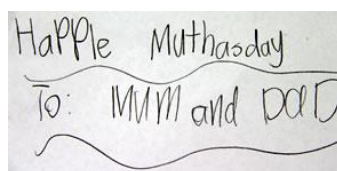
Alcohol, Tobacco & other Drugs Services Clinics

At your local Primary Healthcare Centre. Drop in, general discussion, detox & ATODS Clinic. A Queensland Health initiative.

Injinoo	New Mapoon	Umagico	Bamaga	Seisia
Tuesdays 1:30-4pm	Tuesdays 1:30-4pm	Wednesdays 1:30-4pm	Thursdays 1:30-4pm	Thursdays 1:30-4pm
3, 17 and 31 May 14 and 28 Jun	10 and 24 May 7 and 21 Jun	11 and 25 May 8 and 22 Jun	12 and 26 May 9 and 23 Jun	5 and 19 May 2, 16 and 30 Jun



Bamaga, Sagaukaz St, housing pad completed, with materials arriving for new hospital accommodation building.



Maximus

NPA and its stunning beauty



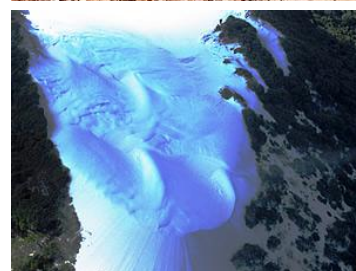
Left images: Wild pigs on the run (far left).

Escape River (centre). Peninsula Rd (right) south of Jardine River.

Breathtaking view of Sadd Point (in the distance, left image, East Coast).



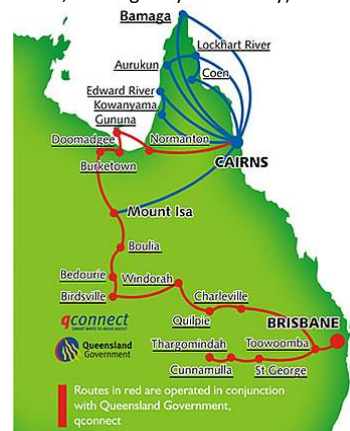
The Sandstone Cliffs of Ussher Point (above and below).



Walk above the treetops. Top of the 60m dune at Ussher Point (as on page 1, above). Nearby are freshwater lakes, just off the beach (below).



The Reef at Vrilya Point (left, West Coast, all images by Mr J.Foody).



This issue and issue 25 NPA News were printed in Cairns. As a service to the communities, Skytrans has kindly offered to freight the newsletters to the NPA free of charge. For the quickest way to the NPA call 1300 759 872, or visit: www.skytrans.com.au

