

In this Issue: HACC, Men's Health, Athletics Carnival, Rangers Conference, special cut-out last page, and more...

Injinoo sports field: "A dam is being dug to irrigate the Injinoo sports field," says Mr Foody, Director of NPARC Engineering Services. "The existing toilet block at the side of the field is about to be demolished to be replaced with a larger one."

Housing: "Council has endorsed the Department of Communities bid for 54 new houses in the NPA, for the 12/13 and 13/14 financial years. That combined with the current National Partnership Programme 10/11 brings it into line with the 64 houses to be built in the NPA. That is essentially the entire housing programme that takes us up to 2015," explains Mr Foody.

"Things will start moving after the dust settles following the end of the financial year. The 't' crossing, 'i' dotting, and box ticking has been done."

Disaster Management: "A \$55k grant should be approved soon, is the formulation and drafting of the Disaster Management Plan as a document."

Communications: "There is also a grant from the TSRA (Torres Strait Regional Authority) to set up communications for the Disaster Response Group. The council has to be the local coordinator of the Disaster Response Group. It looks like this is going to move ahead early next financial year."

Disaster Resilience Management: "A further \$45k grant is for Disaster Resilience Management."



Behind the grandstand at Injinoo sports field, dam for irrigation.



Mr Zac Mara and Okie Namai. "It tickles."

...more inside.



Face painting, drumming and singing, just part of the many holiday activities... more inside.

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It's what's down-under that counts ...

...under the runway that is. Mr Keith Tonkin (NPARC's airport consultant) chaired the meeting. Mr Jim Foody, Director of NPARC Engineering Services explained



all the work that went into the runway prior to the recent re-seal works, which lifted the airport's PCN rating from 7.5 to 30, allowing larger and heavier planes to land in the NPA.

The meeting at NPARC, Bamaga (27 Jun), which was open to anyone interested, to formulate a 3 to 5 year plan for the future development of NPA airport. It was an opportunity to have an input in what the people, the communities and business operators would like to see develop in this area.

Some two years ago passenger numbers were 8500 RPT (Regular Passenger Transport). In 2011 that number jumped to 14000 RPT. It is expected to climb further. In addition to this are charter flights which are not covered in the RPT numbers.

A rough estimate on passengers usage is:

- 50% local residents,
- 40% business travellers, and
- 10% tourists.

Going hand in hand with the increased passenger number is a demand on accommodation facilities, now listed on the page with all the phone numbers.

The meeting was attended by representatives from various government agencies / departments, business and aviation industry. Mr Foody explained the meaning of the word council, "Council is derived from 'community'. The purpose of a council is to provide a service to the community. We are not here to do our own agendas. Our agendas are those of the duly elected representatives of the people, and that is the purpose of the council."

Mr Kori Mason, NPA Airport Manager, explained that 4WD enthusiasts have voted Cape York as the Number 1 tourist destination for most Australians by a far margin. The number of these visitors is of course not shown as airline passengers. It affects the demand on all NPA facilities, especially during the peak season.

There is perhaps a misconception in people not familiar with Cape York, that the Wet Season lasts a full 6 months and shuts the NPA off from the rest of the country, while many are still able to travel to Cairns at around Christmas time. The RACQ website provides excellent information on access:

http://roads-closed.secure.racq.com.au/ssl/road_reporting/roadreport/0213_main_map.cfm

Another misconception is the weather in the very Far North and the fear of cyclones. A look at www.bom.com.au (Bureau of Meteorology) shows that most cyclones impact further south and south-east.

<http://weather.yahoo.com.au/local-climate-history/qld/bamaga> shows Bamaga's temperature extremes as: Hottest June ever: 30.5deg C (avg max temp), coldest June ever: 22.4deg C (avg min temp), and an evenness from summer to winter with a slight drop of a few degrees (Jul-Aug) for winter. Rainfall rises in December to peak in February and a sharp drop after that. Spreading the peak season over several months would enable local infrastructure to cope much better, especially water supply, and provide more security for local businesses. There are many opportunities for individuals and businesses alike to benefit from the increased influx of visitors.

Identified as short term goals (within a year) are: Fuel supplies (AVGAS). Aviators at present are unable to purchase AVGAS at the airport (this affects charter operators, as regular services, such as Skytrans, are refuelled in the NPA).



Lights, electricity supply, water and communications at the airport were other points raised. There are only a few select spots at the airport where mobile reception is possible. Secure car parking facilities, refreshments for waiting passengers (coffee, tea, snacks) were other points, as well as promoting available accommodation options through the website. The high cost of airline tickets were mentioned, especially if not booked months in advance.

A new passenger terminal was another important point raised. There are currently no undercover facilities (luggage and passengers could get wet in the rain). There are no air-conditioners at the present terminal. A new terminal could do much to create a better first impression of the NPA and bring facilities to a standard most Australians enjoy.

Identified as medium goals (over 5 years): Accommodation facilities to cater for visiting travellers. This is not an airport issue but likely an opportunity for enterprise and business. With the projected growth comes an increased demand for parking spaces and for transportation to and from the communities.

Mr John Charlton, who operates Cape York Adventures, was at the meeting: "The meeting was an eye opener for myself. Like most residents of the NPA we go along busy with our own lives. Meanwhile new houses pop up, roads to the Tip and Somerset are improved and our airport gets a new surface. What I found out at the meeting was that a dedicated team of professionals are working to create a better community. The Federal and State Government could take a lesson from NPARC and their team tackling the infrastructure challenges and thinking long term."

"The NPA now has a first class runway with potential to become an aviation hub for the Cape York and Torres Straits. The other strong point delivered at the meeting was all residents are a part of the NPA, and the council is here to serve the community. So have a say in the future, talk, email, write letters, let the councillors and staff know of what you think and want. I believe the NPA's future is in good hands and encourage all residents to think and act as part of the future."

Can you help?

Little is known of the Cape York area during WWII (in particular 1942-45). Injinoo was the only community in existence at that time.

If you have any recollections, photographs, aerial or ground images of infrastructure, airfields, runways, military maps or any material and knowledge relating to this time, please let us know. Have you heard of airfields near Escape River, or of Elliot airfield? Do you know anything about the radar installations at Muttee heads, of unloading sites for shipping, Red Island Point, Muttee Heads or others? If you have any information that can

help piece together historical evidence from the past it would be much appreciated.

Please contact:

NPA News, Heinz Ross, tel: 07-4090 4605,
Email: heinz.ross@nparc.qld.gov.au
Postal: NPARC, McDonnell St, Injinoo, 4876, Qld.



Umagico sports field, building the Eagles' nest. See also page 9.

Umagico Feasting shed



The roof is up, the concrete is down...



...the rear wall being sheathed. The sidewalls will be fly screened.



Vet visits the NPA

The vet visited the NPA in early July, providing mange shots, boosters, worming treatment and various others. Registrations for all dogs are now due. Payments can be made at NPARC, Bamaga.

Peninsula Pirates Regatta

Saturday, 24th Sep is set for the annual regatta between Umagico and Seisia. Boat owners are asked to anchor their crafts as far as possible from the direct course of this race.

More info: Arthur Wong, tel: 0437 082 143 or Kym-Dale Kocsis on 0427 053 719.

Kids living safer lives



The 'Kids living safer lives' team visited all NPA communities, bringing along lots of drums, balloons, face paint and music to entertain the younger ones during the holiday period.



Injinoo sports field irrigation



This dam will supply irrigation water for the field.



Earmarked for demolition, the existing toilet block, to be replaced with a larger one.

New Management for Alau Campground

The Campground at Umagico is under new management. The ground is pet friendly (on a leash). It has powered and unpowered sites. Children under 12 stay for free. For bookings and enquiries call: **0428 779 100**.



Police to enforce Trailer Registration and Roadworthiness

Police in the Northern Peninsula Area will soon commence issuing traffic infringement notices to any trailers that are unregistered, un-roadworthy and or defective. For the last couple of months, drivers have been issued warnings regarding their trailers and as of the 1st July 2011, Police will commence enforcement action.

Fines for an unregistered trailer start at \$160 and for an un-roadworthy/defective trailer fines start at \$100.

Trailers should carry registration label in an easy to locate spot on the passenger side of the trailer. Police understand that not all trailers will have lights and number plates fitted to them, in such cases as a boat trailer where light boards are often used.

All trailers should be in a defect free / roadworthy state, all lights should work, brakes if fitted should work, mudguards should be fitted, no excess rust or corrosion. The towing vehicle should also have the correct electrical connections to ensure that all the lights work correctly and the towing vehicle and towbar should be the correct rating for towing the particular trailer.

For any inquiries or assistance in registering trailers in the NPA, please contact Bamaga Police on 4069 3156.

This message is issued by Bamaga Police.

Taking action on Men's Health**Why focus on men's health?**

On average Australian men die six years premature to Australian women. Poorer health is reported in the male population across most age groups.

Research reveals that:

- An Indigenous male born in Australia in 2005–2007 could be expected to live 11.5 years less than a non-Indigenous male born at the same time (67.2 years compared with 78.7).
- men suffer high rates of chronic disease including cardiovascular disease and cancer, as well as chronic respiratory disease, diabetes and injury; and die prematurely from these diseases
- Indigenous men aged 18 years or over were 2.8 times as likely to have chronic diabetes/high sugar levels and 1.6 times as likely to be obese as non-Indigenous men.
- Indigenous men were 1.7 times as likely to report their health as fair or poor
- Males living in rural and remote locations have poorer health to men living in metropolitan areas
- Men are also more likely to adopt risky health behaviours including not exercising enough, being overweight or obese, and not eating enough fruit or vegetables.

(Australian Institute of Health and Welfare, 2008)

One of the reasons identified for the poorer health in males includes the fact that men are often reluctant to utilize health services (49% compared with women 62%). Considering the increased rates of chronic disease, men need to take a more proactive role in staying well and taking responsibility for their own health. We want our men to stay healthy and to live longer so that they can enjoy their lives with their family and friends.

To promote and support our men's health, the men's health programme 'Pitstop' will be implemented across the NPA. This is a health promotion initiative whereby men can have the opportunity to attend a general health screening in a relaxed, male friendly environment. This will be conducted by local male health workers *By Men, For Men*. The programme has been successfully implemented across Australia, both within Indigenous and Non-Indigenous communities, and involves attendees having a variety of health assessments and discussions at different 'Pitstops'. This includes providing information promoting healthy lifestyle choices and general health information and then an overall summary and recommendations for further follow up. It is a non-invasive, informal programme where men can come together, have a chat, and gain lots of information about staying well.

Driven through the Chronic Health Action Team (CHAT), representatives from several organizations across the NPA have recognized the need to get men to take a more active approach to their health. The group had previously developed a men's health questionnaire asking men to provide some feedback on their health and how health services could support them to be healthy. Over 85% identified that an informal health assessment and having more information about healthy lifestyle choices would be appreciated.

The programme will be conducted on Wednesday 29th June 8am-9am at the Umagico NPARC workshop depot. It is estimated that a Pitstop service/assessment will take approximately 40 minutes. All attendees will be offered a healthy breakfast after their assessment.

This session will be held as a pilot in the area with the intention of providing further sessions in other communities. It will also provide some valuable local data on men's health which can be used to inform planning for other men's health events. So come along and bring a mate!

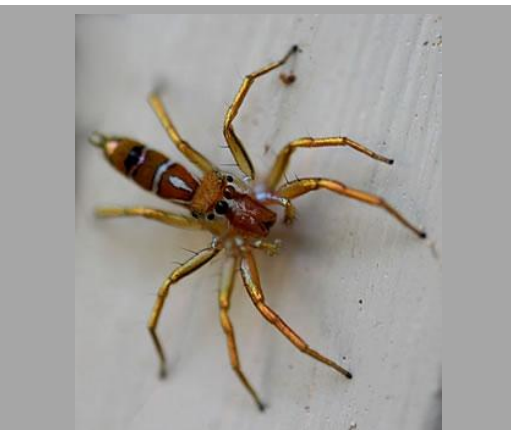
(by Margie Ware-on behalf of CHAT)

New telephones at NPARC

NPARC offices have new telephones installed. The new phones utilize VoIP technology (Voice of Internet Protocol) which results in improved sound quality and reduced call costs.

**Abbreviations...**

...itself a long word for something short. All local readers know what NPA stands for. But what is a NPA in the NPA? It could mean many things: Net Pay Advice, Normal Pension Age, Non Performing Asset, and if it comes from a pilot may mean a Non Precision Approach to the NPA airport.



Other meanings for NPA are: National Partnership Agreement, Northern Plains Area, National Priority Area, National Parking Association, National Police Academy, National Porn Association, No Party Affiliation, and perhaps some more. In the context of this publication NPA means Northern Peninsula Area. What about NPARC? Niagara Peninsula Amateur Radio Club, New Providence Amateur Radio Club, none of that in the NPA.

Backyard Garden Info Session

Mr Harrison Atu had an open invitation to anyone in the communities to attend a Backyard Garden Programme Info Session at the School Garden, Bamaga High School (24th June).



Mr Atu did pH soil testing, explained how to plant seeds.

The Family Resource Centre can give more information: Contact Ms Natasha Brunne, email: natashabrunne@npaws.com.au, or tel 4069 3555.



HACC provides home and community care for all 5 NPA communities. It has two different groups, home care and aged care. Home care is mostly for mobile clients who are able to walk. There is no Aged Care home in the NPA at present. The old police station in Bamaga (near HACC) is about to be demolished and replaced with a new building. The new building will provide everyday respite.

HACC was established about 1993. Tuesdays is respite day at the HACC Centre Base in Bamaga. Thursdays is shopping day in the week when pensions are paid. Other days are for home visits or arranged to cater for client's needs.

Respite day: The HACC vehicles bring the clients to the centre. Exercises are planned for the day, the playing of cards, putting puzzles together, volley ball across the table. Morning tea-break is at 10am. Mr Ronald Wasiu may take the men out fishing at the Seisia jetty. Lunch is at 12:30. In the afternoon it's time for craft work with Ms Gabi Peters, from the Healing Centre (Family Resource Centre) doing weaving, sewing, working with beads, or making necklaces.

Mr Damien Mugai Elu has been working with HACC for over a year: "We take clients to the hospital, sit and assist them. We help cleaning around the house, help with shopping, socialise, sit and yarn, and have a cup of tea when it's offered. Our service is gender based, male to male, female to female, and we must respect their independence." Mr Elu recently received his Cert III in Aged Care (covered in previous issue). HACC operates several vehicles (bus, 4WD and a vehicle with wheelchair access). HACC is funded by NPARC.



Mrs Daii Bagiri and Mrs Pauline Cebolla playing cards. Ms Kitty Namok completed the puzzle.

Mr Damien Mugai Elu (left) is visiting Mr Mooka for a home visit. Mr Wanakai Mooka was once a carpenter. In 1985 he came from Mabuiag to the mainland. "I miss it (Mabuiag) every day," he says. Mr Elu cleans the bathroom, bedroom and living/kitchen areas as part of a home visit.



Mrs Doris Sunai (left) and Aunty Moira Sunai (right) arriving at HACC.



Mr McDonald



Mr Wanakai Mooka

NPA News 2 years old ☺☺

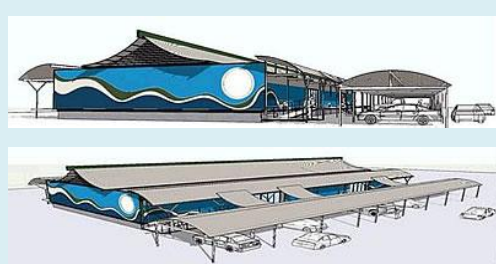
This issue NPA News marks 2 years of publication of the NPA Regional Council Newsletter (some of the earlier ones were weekly issues). Thank you to all readers, supporters and contributors of this publication, thanks for sharing your stories and images and thanks to NPARC for making it possible.



Made it to Seisia, leaving a carbon footprint of zilch.

Grand opening in Bamaga

The new IBIS supermarket will soon be officially opened. The planned opening ceremony will include a traditional blessing, addresses by members of parliament and local dignitaries. Community specials and giveaways will be part of the community event. See local noticeboards for date.



Artist impressions courtesy IBIS.

Bark in the dark, Part 2

In issue 26 NPA News we mentioned the Bamaga dog suffering from some kind of insomnia, barking 'til the wee hours of the morning, possibly counting the stars to pass the time, one bark for each.

On 28th of June it didn't, as Bamaga band 'Blaik Coral' rehearsed in a nearby house. The next night again the dog was silent, nor did any of the other dogs bark, but Blaik Coral had nothing to do with it. It is possibly safe to say that even if the dog managed to get 80 barks a minute and continuously barked for the next 200 years it could not possibly manage to count all stars. Did it overstrain its voice box? Perhaps it lost count contemplating whether it was all worthwhile, or it figured no one paid any attention and gave up, not realizing that many in Bamaga now find it hard to get to sleep with the deafening silence. Now how many stars are there....woof, woof woof, woof woof woof, ...

NPARC vacancies:

Recently advertised NPARC vacancies: Two HACC carers for the NPA and an Events Officer – Mini Gym Coordinator.

The Jobfind Centre held community engagement BBQs in each of the NPA communities.

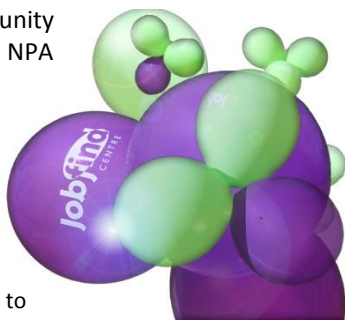
Miss Joy Rah is the Team Leader for Bamaga, Ms Luisa Taylor is Manager for Torres Strait and NPA, and Ms Tanya Davui is the Employment Training Advisor for the Jobfind Centre. Miss Rah visits all communities every two weeks to interview all the Jobfind clients (Injinoo Mondays, Umagico on Tuesdays, New Mapoon on Wednesdays, and Seisia on Thursdays).

Mr Aaron Anau is an assessor with Northern Joblink (a training organisation)



assessing students in Cert II in Workplace Practices during the BBQ.

They work and learn together, as a team, getting practical experience that can be applied in later life in other employment or when starting their own businesses.



Free computer training in Indigenous Knowledge Centres



The Indigenous Knowledge Centres in Injinoo, New Mapoon and Seisia have new computers and wireless internet access. Free computer training hosted by Luke, Tyler and James from the State Library was held in April, and

community members learned how to use internet banking, email, facebook, Google earth, Skype and YouTube.

Training will be held again on 5 September – 9 September, and everyone is invited to come and meet Luke and Tyler to ask all their computer questions and learn new computer skills. You can learn how to pay your bills online, check your Centrelink payment, search for jobs, find friends on facebook and discover how to use internet shopping. Come along to the training and see how many different things you can do with a computer to make life easy.

Drugs is NOT our culture

...says one of the posters on display during Drug Action Week. Mr Rob Ware is Team Leader of the Emotional Wellbeing Team of Family and Community Services, Bamaga. "We're here to promote Drug Action Week, which is promoted all over Australia."



"We're really focusing on alcohol and tobacco here. Drugs in the city have a different kind of connotation. People talk about heroin and speed, and those things aren't evident here. Certainly, people smoke marijuana, and it's a worry, but really alcohol and tobacco are probably the most harmful drugs. 50% of Indigenous people smoke cigarettes and we think that statistic is much too high. We're trying to focus on the cigarettes and the alcohol, and a lot of things come with the alcohol. It often makes people really angry and then there are issues at home, domestic violence, and that flows on into the court system, all those things we want to avoid."



Miss Latoya Agie is a Mental Health Educator. "Drugs just doesn't exist of heroin and ecstasy, it does consist of alcohol and cigarettes as well. It is a high percentage with Indigenous people."



"I'm just encouraging people to understand the harm of these drugs, and encourage people to stop using them, so we could live longer."



Children are invited to play new computer games and use the computers for help with their homework. See Sandra, Pauline or Mabelene in any of the Indigenous Knowledge Centres to find out more.

Article and images courtesy Tyler Wellensiek (Public & Indigenous Library Services)



No school – no play



Mark Harbrow is the Senior Regional Development Officer for AFL Cape York. "My role is to coordinate and implement our programmes running Cape York and the Torres Strait. I'm being relocated here, to the NPA, to roll out the 'No School, No Play Programme'. It's an initiative between the Australian Government and the AFL. NPA on a national scale has been selected as one of the communities / regions.

In August is our Annual Crusader Cups, which we hold on Thursday Island, one in Weipa, and one in Cooktown. NPA will have a team, 12 a side, go across to T.I. and compete against Thursday Island, Horn Island, Saibai and so on."



At New Mapoon the new foundations are poured, the painted planks in place and the grandstands are looking good.



The first spectators are already waiting (left).

First Aid and CPR

The Community Education Unit of the Queensland Ambulance Services (QAS) conducted 'Apply First Aid courses and CPR' at New Mapoon and Injinoo in June. All were welcome to attend the free 2 day sessions, held over 4 days in total. First



Aid is also a mandatory subject for school students.

Subjects covered included: Responding to an emergency situation, Resuscitation, Cardiac

emergencies, Bleeding and shock, and many more. Each participant was given a quality First Aid Manual to keep, but also practical demonstrations on bandaging, resuscitation, and valuable advice on how helping victims survive life threatening situations.



Mrs Petelski explains: "The course would normally cost \$151.55 but it was free to the Communities thanks to a grant provided by the Department of Health and Ageing. The grant has now expired and will not be repeated. Those who put their names down and didn't turn up will now have to pay for it themselves if they want the certificate. Those who did turn up to the course for the full 2 days and passed will receive a certificate in Applied First Aid valid for 3 years and the CPR component is valid for one year."

"Anyone interested can go to the site www.ambulance.qld.gov.au and go under First Aid heading. There are a number of options available - including an e-learning option via workbook or DVD with just a 3 hour classroom assessment instead of the full 2 day in-class option."



Arts Queensland provided \$15k to support the Injinoo Dance Group to go down to Laura. It is the first time in 10 years that Bamaga's Berlibal Dancers performed at the Aboriginal Festival in Laura. Special thanks to Mr Neville Reys for his tireless efforts in planning and organising for this year's event.



Injinoo Dance Group has been invited to perform in the Solomon Islands (next year), at an opening in Wujal Wujal, at Cairns Esplanade for UMI Arts (20th August), and at the Gulf Festival, Mornington Island, in September. Congratulations.

Laura 2011

The 19th Laura Aboriginal Dance Festival finished on 19th June. Injinoo Dance Group brought back Second Prize, having had first for a number of years. Lockhardt River took out the First Prize.

Dancers from Mossman, Kuranda, Wujal Wujal, Woorabinda, Yarrabah, Yidinji and many other places performed on this special site.

All images courtesy Injinoo Dance Group and the Rangers.

2011 NPA Athletics Carnival at Senior Campus, Bamaga

Year 4 to 12



Senior Campus
Year 4 to Year 12

2011 NPA Athletics Carnival at Junior Campus, Bamaga

Pre prep to Year 3



Junior
Campus
Pre-prep to Year 3

Two weeks work experience with the rangers

Student Ramsley Woosup, Year 11, Bamaga Senior Campus, is the first student to take part in a two week Work Experience programme between Bamaga Senior Campus and the Apudthama / NPARC Land and Sea Rangers.

"I've learned lots of stuff. We did weeds, plants and animals and trapping, south of the Jardine, on the West Coast. We did back-burning and learned about GPS."



"We cut a pig open to check for worms and diseases. We found worms in the heart and the liver, but AQIS says that's natural."

Ranger Christo Lifu, "We did autopsies on the pigs, with AQIS. Ramsley flew with the chopper. We went out camping for two weeks. We had a great time down there."

Ramsley Woosup, "We've seen places where the pigs dug up turtle nests, been to Crab Island where there are lots of crocs. We even found one with a turtle. Big croc come and cut the flipper off. It's the first time I've seen a croc doing the death roll. I want to work here too (with the rangers)."



Ranger Lifu, Ramsley & Ranger Strevens.



"We went to the West Coast to shoot pigs from the helicopter. We got some pictures."



All images courtesy of the rangers.

Umagico sports ground

Trucks continued unloading fill to raise the ground around Umagico's sports field.

New fences

Properties received new fences in New Mapoon (20), Injinoo (20), and some in Seisia and Bamaga. The work was carried out by contractors for Q-built. Some buildings were also re-roofed.

**Not a pretty sight**

Ranger coordinator, Mr Warren Strevens, "This is a campsite when one drives along the beach from Vrilya south to the Cotterell River mouth. They are taking fish and leaving the rubbish. They don't pay to camp there and no money is going back to the communities. We burnt it to reduce the risk of it blowing around creating more wind-blown pollution. Among the rubbish are gas bottles and dangerous pressure packs. We might have to get heavy machinery down there to dig up a pit."



All images courtesy of the rangers.

Seisia Sunset Markets

Need some extra cash? Sunset Markets (May to October) needs more stall holders and we would love to see you there. Tourists love to buy locally made arts and craft to take back home, to show where they have been. So bring all your beautiful arts and craft down to sell.

Where, when? Seisia Fishing Club, every Saturday, from 4pm.
Contact: Pam, tel 0447 698 154.



Ms Lillian Idai

Torres Pearls ...

... are available at Cape York Ice & Tackle (New Mapoon), or direct from the farm at Turtlehead Island, Escape River.

Contact: Rusty & Bronwyn Tully on 4069 4694, or email torrespearls@hotmail.com, website: torrespearls.com



umba apudthama ipima ilung

(we are all one in spirit)

Injinoo welcomes Indigenous Rangers from across the country to the 2011 Apudthama / NPARC Cape York Indigenous Rangers Conference. The three day conference (29th Jun – 1st Jul) brings Traditional Owners, rangers and professionals together. Visitors from near and far, from the Kimberleys, Arnhem Land, the Central Desert, Cape York and the Torres Straits are expected.

The Kuku Nyungkal Rangers from Wujal Wujal hosted the first annual conference in 2010 at Rossville.

The conference in 2011 is hosted by the Apudthama Land Trust, and produced by Balkanu Cape York Development Corporation.

Before the event: A sense of excitement sweeps through the community.

Children painted stones and as soon as they lay on the ground, lining the road of the once Cowal Creek community, everything changed in an instant. The clean-up work started well before that. Freshly planted palms now frame the road. Groups of people decorate structures with leaves. Access from the sports ground is blocked. Small tents spring up, main tent and facilities are erected by busy hands. A welcome tent is set up at the small bridge near St Michael's church, the only entrance to Cowal Creek look-out area.



Senior Apudthama / NPARC Land and Sea Ranger, Mr Meun Lifu.

"The rangers from up north welcome people from outside and everywhere. The rangers will look after you. Give us a chance and we will take care of you," says Mr Meun Lifu, Senior Ranger.

The Indigenous Rangers Conference is a drug-free and alcohol-free event.

Various On-Country Workshops:

Jardine River (Cape York Water Forum, Richard Aken, CYWF);
Lockerbie Scrub (Roma Flat, Tourist Track Design and Maintenance, Chris Wegger, DERM);

Somerset (Cultural Heritage Tour & Management Strategies, Susan McIntyre, JCU);

Loyalty Beach (Community based Sea Country Planning, Alifereti Tawake, GBRMPA), Rainforest Walk & Fauna Survey (Garry Rurpin, JCU);

Seisia Wharf (Sea Country Heritage Cruise & Cultural Tour, Meun Lifu, GBRMPA).

What's on:

- Traditional Owner led workshops.
- On-Country workshops and demonstrations.
- Ranger led talks and discussions.
- Diverse cultural program.
- NPA dance, music and arts.
- Market stalls for Government agency.

Information & displays and Ranger group presentations.

Over the 3 day conference closed forums were part of the activity, Ranger Forums, Cape York Water Forums, and Sea Country Forums with the Rangers, Ranger Coordinators, Elders and Indigenous Leaders.



Near the entrance, a day before the opening.



Campsites were set up right next to Cowal Creek and near the Look-out.



Mr Billy Baira (Rambo) last saw the white stones lining the road when he was a young boy.



Ikama wungartpa epula amug anthelu inja abamu apudthamaung avang *



Two minutes before 8am, the official opening of the Rangers Conference, the faintest mist drizzles down, casting a double rainbow over Injinoo. The bits the drizzle didn't get were dampened by a council water truck.



Mr Christo Lifu opened the conference and Mr Richard Tamwoy welcomed all on behalf of the Apudthama Land Trust. Mrs Sandra Sebasio addressed the many guests in Ikya (title above*), a composite language of the many Injinoo dialects. Translated she said, "Good morning, we like to welcome you to our country."

Lighting a fire was part of the opening ceremony. Senior Ranger, Mr Meun Lifu, invited all to walk through the smoke. All of the visitors were greeted in person by the Traditional Owners and Elders of the NPA community (below, Mr Williams, Mr Tamwoy).



Rangers Expo (in market area)

At the Rangers Expo many showcased their organisations giving each an opportunity to learn and share knowledge. One could see the widespread devastation ghostnets cause in other parts of the country.



Welcoming all the NPA (from above: Mr George Williams, Mrs Bethena McDonnell, Ms Leila Whap, and Mr Meun Lifu).



"We are like a big family," says Mr Thomas Serubi, Ranger Base Manager, welcoming the guests to the Injinoo Ranger Base. "We are looking after our country for our children."



Mr Warren Strevens, Ranger coordinator, explained that the Apudthama / NPARC Ranger Programme only started in 2010. Just ¼ of the Cape York country is accessible by 4WD. Barges, boats, helicopter and on horse-back are the only other alternatives. Mr Strevens invited guests to share their wealth of country knowledge, and also to share how things are done, the practical side of country.



2011 Indigenous Rangers Conference



Marine Safety

The correct handling of flares was demonstrated at Cowal Creek boat ramp. The usage of red and orange flares were explained. One or two of the flares were expired, well past their use-by date. It brought the point home that safety equipment must be kept current, as an expired flare is not guaranteed to light up when needed.



A red flare continues to burn, even under water. Orange flare (below) should only be used during daytime.



Crocs? What crocs? Cowal Creek at low tide in winter time.

Fire-stick presentations

The Girrigun community has 9 tribal groups. It thanked the ranger groups that came down to help them in their time of need. The reference is made to cyclone Yasi and the devastation it caused. Presentations of fire-sticks were made to several groups.

Girrigun became an evacuation centre. There was a fear of a storm surge at the time, which luckily didn't come. If it was high tide it would have been a different matter.

A Disaster Contingency Plan will be discussed during the Rangers Conference. Many expressed their appreciation from incoming ranger groups to help out in these times.

Mr Claude Beeron (north-west of Cardwell town) thanked the rangers (who helped in the aftermath of Yasi), "...for helping us to get back on our feet. The fire-sticks that these rangers received tonight... that's the only matchstick that we had to light fire down the river, or in a camp, or everyday lighting. To make fire to cook wallaby, scrub hen, that was our matchstick. Today everybody got cigarette lighter, match and gas lighters, all this. But that was how we survived, back in the olden days. That is the gift we can present to these beautiful rangers that helped us out."



bird would fly away... warn people that a cyclone is coming

Mr Claude Beeron recalls the time of a cyclone in 1947 (hit Tully to Innisvale) and how people knew well before that a cyclone was on its way. "The bird would come from the sea, like the seagull. It circle around 3-4 days before the cyclone get there. That's how the old people of ours from Tully area, down to Cardwell, that's how they know. Some years later radio came to broadcast about cyclones, but before, my old people used to tell by the seagull, coming inland and circle around in so many places. And they're telling as they go that cyclone is coming closer and closer. The bird would fly away, further into the western district, to warn the people that cyclone is coming. I leave that with you. That's part of my story that I like to share how my old people used to tell it how a cyclone comes. You're probably the same as we are, you know, to know what's coming, dangers during the Wet Season. I grew up, taking notice of my father, and my grandmothers, preparing for a cyclone to come."

"We run back towards the hill. I was only 5-years old. The mountain had big rocks, we hide behind that. No shelter in those days. We were living in the bark humpy, tea trees. That's no shelter. Some White man used to help us, accommodate us in a shed."

With reference to the present time, "Some of us are still not over the disaster we had. I still can't get over what we went through. Luckily no one got hurt in my family and extended family. On that night (when Yasi hit), me and the wife sat down with our 5 grandchildren. We're hoping that no one walking around drunk at this time. What do you know? The youngest son, he's walking around drunk. We didn't know it 'til next morning. He had a bottle of wine with him. Somehow I'm still glad that he's still alive today. Anyway, thanks for listening to me."

Mr Beeron thanked the cook and thanked for being able to come here, "... and allowing us to share our knowledge. Maybe one day we all sit down and talk about... artefacts and stone axe, and fire-sticks."



2011 Indigenous Rangers Conference



The Injinoo Dance Group closed the evening of the first conference day with a large group of dancers performing.



Mr Gorden Solomon explained the meaning behind the 'Warrior dance':

The Angkamuthi tribe took a lady from an Atambya tribe. The warriors prepare to hunt them down with spears, to get her back. (It refers to the past. Both tribes are now living in Injinoo together).

Wherever they go, wherever they dance, the Injinoo Dance Group stands out with their raw and powerful display of spirit.

There would not be many dance groups on earth where a 2-year old nappy carrying warrior youngster delights the crowds at centre stage whirling the biggest stick of all. At times he turns the wrong way but makes up for it with boundless enthusiasm.



... to get the bigger picture

NRM (Natural Resource Management) provided information on habitat protection and restoration, the eradication of pest plants and animals, and informed of the constant menace to wildlife from feral animals, and more.

Forums on many subjects relating to country, sea and the wide range of ranger activities were well attended and provided the core reason for coming together, so that each could get an idea of the bigger picture affecting our environment.

The Rangers Conference was 3 days of work and business, of learning and absorbing, of renewing cultural ties and making new connections across the state.



The devastating results of indiscriminate exploitation of water was brought home in one of the many forums, when the effects of salinity and changes to the ground water levels were explained in countries as far away as Bangladesh. Others informed of what is happening on some of the islands, closer to home. Earth is home, it's the only home we've got.

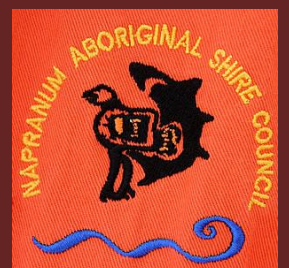


Mr Roy Solomon travelled up from Cairns to sing and play the drum.



Preparing for the performance at the conference.

2011 Indigenous Rangers Conference



West Coast, Cape York

Mr Lifu took several groups of rangers to Peak Point, West Coast of Cape York, explaining many of the features. A rock where the frog sits on a turtle's head is there, symbolised in Mr Teho Ropeyarn's artwork at Injinoo Primary Campus.



'Tropical Paradise' (Carpentaria Seafaris) skippered by Mr Greg Bethune, with Ms Naomie Chan providing the refreshments. She is also pretty good at recovering the furniture and a hat, blown over-board.



Mr Brian Johnson, from Queensland Parks and Wildlife Service, is a ranger on Magnetic Island. "The conference handled very well, excellent in fact. The country is beautiful and we've been looked after so well. It's been absolutely great." One suggestion Mr Johnson had, "I would recommend one day, or half a day, if they could fit it in, we've got so many rangers, if the community wanted something build, or a track build, something constructed in the community, we've got about 50 or 60 rangers, we would make pretty light work of it. All of us there, we've all got different skills, different trades, I'm sure we could whip something up. Men and women, it'd be a piece of cake."



Mr Mandaka Marika, Managing Director of Dhimurru Aboriginal Corporation, "We experienced working with these rangers from all over Queensland, experienced knowing how they run their work, and us, we'll be able to work together, as it here says..." Mr Marika points to his orange cap (far right), "Nilimurru bukmak djaka wānawu. It means: All of us together looking after country. The rangers, like these young ladies (the group from Dabu Jajikal), and the rangers back there where we met, all the Indigenous people come together working, to provide a better country for all of us to live in."



Ms Keira Crwk is from Wujal Wujal, her totem is the eagle. She enjoyed the forums. "Nice up here. Been up here before. The food was good."

Mrs Marie Crwk is from Wujal Wujal community (mother of Keira), via Cooktown, North Qld. "I am the project officer on behalf of the Dabu Jajikal Aboriginal Corporation. I'm here with my family from the Sea country from Dabu Jajikal. We are trying to set our own ranger, our young people to get out of their community life, as now CDEP is finishing, and we want to get back on country and get our young people, teach them our culture, and what they can learn on their own, back on our country. These girls were brought up, this is their first trip outside the Wujal Wujal community. They are really enjoying it, interviewing other rangers and asking questions. My feeling is, I was glad to come up here, see and talk to different rangers, get to know each other, how we can work on our country, and come together as one nation. As soon as we start our rangers we'd like to go out to the Sea country, out to the sea, start patrolling our sea."



...my time is over

Mr Warren Strevens, Ranger Coordinator of Apudthama / NPARC Rangers, thanked the women of Injinoo for all the food preparations. "I'd like to thank the people from Injinoo for what they have put in here. It has been a huge help and has really made this conference (to much applause)."

"One man has been around for a lot of ranger programmes that have stopped and started here. He has to be one of the most interesting characters of the whole NPA. He's very well learned, he's an elder to his clan, he's been a huge workforce in his own right,... probably more known for the sweat than the voice,... and that's the old man here, Shorty, Meun Lifu. One thing that has really stuck with us rangers... has been his character. There hasn't been much negative talk from him... that's just his character. Without him we would not be the ranger group we are."



Seafaris for 'the best weeks fishing on the planet' and this one lives aboard, permanently (the fish that is, as pillow).

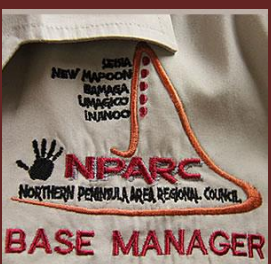
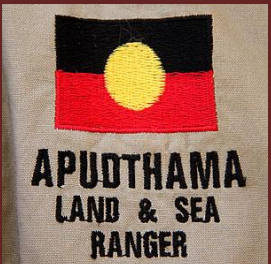


The islands near Cape York in 3D simulation (above). One of many groups (below) taking the Sea Country Heritage & Cultural Tour along the West Coast.



Injinoo elders sang a hymn to the guests in the late afternoon of Day 3. Traditional Owners of this land were presented with a woven map for welcoming the rangers here in the NPA. It was accepted by Mr Meun Lifu.

2011 Indigenous Rangers Conference



...continued next page.

...my time is over

... continued

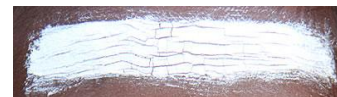
Mr Strevens continues, "His knowledge and attitude has been a strong influence on this new group, and to show respect for this man and his determination through the lean times he's faced, to eventually be able to work and see the chances we have now, the greatest way we can show our respect for him is to just try, and keep trying, as hard as we can to make this successful. Thank you, Shorty, for all that you've done." (speech slightly shortened, ed)

Mr Lifu told of his 20 years for country and his dream and hope that the young take over, to keep the country the way he cared for it in his lifetime. He joined the Injinoo Dance Group in the sands near Injinoo Look-out to dance with them under the stars. Loved by many, liked by all, Mr Meun Lifu, Traditional Owner, respected Elder, Senior Ranger, Chief of the Eracan and Gudang peoples, 'Thank you'.

Mr Lifu was presented a **Lifetime Achievement Award** and many gifts of acknowledgement and respect.

"It's a big experience for me too," says Mr Lifu (Shorty). "I like to see young people do what I've been done. Our job, our country is our land. We have to keep up the land, OK. I like to see the young people do it the way that I been doing, so when you retire, you're the man I have become. Thank you." (to lots of applause).

On behalf of the Apudthama Land Trust, Mr Richard Tamwoy thanked the various ranger groups and the numerous sponsors, Nandie and Crew, Pastor T-Tom and crew for cleaning up the area, and the representatives of council from each community, and many, many others.



Easy to do with a paint-cracking smile.

**Bushfire near airport**

A bushfire took hold between the airport fence and access road to the airport. Image above as seen from the Jacky Jacky.

**Car parking**

The car park at Seisia supermarket was widened. NPA Family and Community Services' car park received a bitumen seal (Bamaga, below).



People with trailers (boats, campers) may find it difficult to park, at times clogging up the turn-around area at the Bamaga Tavern. Shown below Addidi St, Bamaga, near the Tavern.

**Tropical Amusement Show**

Bamaga had the Gilmore Tropical Amusement Show over 3 days near the Yusia Ginou Memorial Field.

Lunch break

ROUND 6	GAME 31L	SUNSET CRUISERS	VS	TOPEND UNITED	YUSIA OVAL	6:30PM
LADIES	GAME 45M	ALAU EAGLES	VS	NEW MAPOON	YUSIA OVAL	7:30PM
29.7.11						
30.7.11	GAME 32L	ROPEYARN RAZORS	VS	SUNDOWN SIRENS	KBO	12:00PM
	GAME 46M	ROOSTERS	VS	MULGA	KBO	1:00PM
	GAME 47M	SUBURBS	VS	BAMAGA ROOS	KBO	3:00PM
		BYE - INJINOO CROCS				
5.8.11	GAME 33L	SUNSET CRUISERS	VS	ROPEYARN RAZORS	YUSIA OVAL	6:30PM
	GAME 48M	NEW MAPOON	VS	INJINOO CROCS	YUSIA OVAL	7:30PM
6.8.11	GAME 34L	TOPEND UNITED	VS	SUNDOWN SIRENS	KBO	12:00PM
	GAME 49M	ALAU EAGLES	VS	MULGA	KBO	1:00PM
	GAME 50M	ROOSTERS	VS	SUBURBS	KBO	3:00PM
		BYE - BAMAGA ROOS				
12.8.11	GAME 35L	ROPEYARN RAZORS	VS	TOPEND UNITED	YUSIA OVAL	12:00PM
	GAME 36L	SUNSET CRUISERS	VS	SUNDOWN SIRENS	YUSIA OVAL	1:00PM
	GAME 51M	ROOSTERS	VS	BAMAGA ROOS	YUSIA OVAL	3:00PM
13.8.11	GAME 52M	SUBURBS	VS	NEW MAPOON	YUSIA OVAL	6:30PM
	GAME 53M	MULGA	VS	INJINOO CROCS	YUSIA OVAL	7:30PM
		BYE - ALAU EAGLES				
ROUND 7	GAME 37L	SUNSET CRUISERS	VS	TOPEND UNITED	YUSIA OVAL	6:30PM
LADIES	GAME 54M	BAMAGA ROOS	VS	NEW MAPOON	YUSIA OVAL	7:30PM
19.8.11						
20.8.11	GAME 38L	ROPEYARN RAZORS	VS	SUNDOWN SIRENS	KBO	12:00PM
	GAME 55M	INJINOO CROCS	VS	SUBURBS	KBO	1:00PM
	GAME 56M	ROOSTERS	VS	ALAU EAGLES	KBO	3:00PM
		BYE - MULGA TIGERS				
26.8.11	GAME 39L	SUNSET CRUISERS	VS	ROPEYARN RAZORS	YUSIA OVAL	6:30PM
	GAME 57M	INJINOO CROCS	VS	ALAU EAGLES	YUSIA OVAL	7:30PM
27.8.11	GAME 40L	TOPEND UNITED	VS	SUNDOWN SIRENS	KBO	12:00PM
	GAME 58M	ROOSTERS	VS	NEW MAPOON	KBO	1:00PM
	GAME 59M	MULGA	VS	BAMAGA ROOS	KBO	3:00PM
		BYE - SUBURBS				
2.9.11	GAME 41L	ROPEYARN RAZORS	VS	TOPEND UNITED	YUSIA OVAL	6:30PM
	GAME 60M	BAMAGA ROOS	VS	INJINOO CROCS	YUSIA OVAL	7:30PM
3.9.11	GAME 42L	SUNSET CRUISERS	VS	SUNDOWN SIRENS	KBO	12:00PM
	GAME 61M	NEW MAPOON	VS	MULGA	KBO	1:00PM
	GAME 62M	SUBURBS	VS	ALAU EAGLES	KBO	3:00PM
		BYE - ROOSTERS				

KBO = Ken Brown Oval (Thursday Island), Yusia Oval = Yusia Ginai Memorial Field (Bamaga).

This table courtesy Ms Sonia Townson.

National Immunisation Program Schedule for Qld.

If you have just given birth to a child, it is important to see a Health Professional at a Medical Health Centre or the Hospital.

Teke youpla piknini to health clinic when:

At birth
2 months
4 months
6 months
12 months
18 months
24 months
4 years
Year 8
Year 10

Protect umpla piknini prom kese sik.

Give your child the best chance in life by bringing it to a Health Centre or Hospital for immunisation when it is a certain age (see left column).

Immunisation is important for children. Immunisation helps to protect the child from serious childhood diseases, but also others in the community by increasing the level of immunity and minimizing the spread of disease. Immunisation can protect against Diphtheria, Hepatitis A and B, Measles, Meningococcal C disease, Mumps, Whooping cough, Polio, Rubella, Tetanus, Chickenpox and many other diseases. Vaccines trigger the immune system to make antibodies to fight against certain diseases. They use the body's natural response to disease so if a vaccinated person comes in contact with the disease, their immune system will respond by stopping it to develop or greatly reducing its severity.

Bamaga Hospital, 4090 4227

Dentist 8am – 5pm, Bamaga Hospital



Specialists coming to NPA, T.I. and outer Islands Jul/Aug/Sep
Bamaga Hospital and Community PHCC

1-5 Aug	Eye Clinic, OPD/Theatre, Dr Garry.Brian, 8:30-11:30, 5 th Aug all day, Eyedentity 8:30-11:30
3 Aug	Chest, T.I. H. Dr Simpson
4 Aug	Chest, Saibai, Dr Simpson
5 Aug	Chest, Boigu, Dr Simpson
9 Aug	Endocrine, T.I. (check location with hospital)
9-12 Aug	FROGS, T.I. H.
15-19 Aug	Ortho, Sam McKewin, Renal Outer Islands, 18 Aug T.I. H., 19 Aug Bamaga
23-26 Aug	General Surgery, T.I. H.
31 Aug – 2 Sep	Paeds, OPD, Gen Phys: 31 Aug Bamaga, 1 Sep T.I. H. all day, 2 Sep T.I. H. am
8 – 9 Sep	Dermatologist, Murray, OPD, T.I. H.
14, 28 Sep	Chest, Saibai Nurses Clinic
27-28 Sep	Paeds, Gen Phys, Bamaga, OPD
29 Sep	Paeds, Gen Phys, T.I. H., OPD, all day
30 Sep	Paeds, T.I. H. OPD at am, Gen Phys, T.I. H. OPD at am
3 Oct	Deadly Ears, NPA OPD, at pm
4 Oct	Deadly Ears, NPA OPD, all day, Endocrine, Horn Is
5-6 Oct	Deadly Ears, NPA Theatre

Weekly planner for Diabetes Educator Clinics, 2011

Need Dietitian, Diabetic Specialist, Eyedentity? Call Mrs Shirley Hill, Ph 4069 3200.

Tuesday	Wednesday	Thursday	Friday
2pm–5pm Injinoo Clinic	9am–noon Bamaga Clinic	10am – noon New Mapoon Clinic 2pm –5pm Umagico Clinic	9am – noon Seisia Clinic

Services provided: Diabetes prevention / management, Diabetes check up, Medication information, Insulin management, Foot Care / checks, Diabetes in Pregnancy, Diabetes Specialist Appointments, and Eye appointments. Make appointments with Health Centre Staff, or just pop in.

From Melbourne to Loyalty Beach... and back again

Four members of the Vintage Driver Club from Melbourne took their cars for a spin, ending up at Loyalty Beach, Cape York. A 1928 Chrysler 62 and a 1928 Chev 4 (68hp, 3litre), including trailer, carried them safely across the country. It is unclear of how much horsepower the Chrysler is left with, as couple of them died the other day (meaning a loss of engine power).

Mr Hermann Christians, "We did a clutch in Katoomba and had to wait 5 days to get a new one sent out. We met the others in Dubbo, and they also had problems, a cracked head and a blocked radiator." It was fixed in Melbourne. The trip up north took two weeks. Along the way a few creeks, "No drama. Some of the crossings were a bit rough, other than that the roads were good."

The Chevy did the journey many years earlier, when the roads were very different. The group is heading to Weipa tomorrow, then further south."



Chrysler (above), Chev 4 (below).

**Coming of the Light**

Torres Strait Island Region celebrates 'Coming of the Light', the coming of Christianity, on 1st July. Also on 1st July at Erub (Kemus).

It is a special holiday in the region, known as 'bank' holiday. It is not a public holiday. Erub (Medigee Village), Ugar and Yorke Island celebrate this day on 4th July, 11th July on Warraber, Mabuag on 5th Sept, Boigu 8th Jul, Dauan 6th Jul, Badu on 31st Oct.


Bank holidays in the NPA are: Mabo Day (3rd June) and Dan Ropeyarn Cup Day (4th Nov).

This is a quick reference cut-out page for hanging on a wall. Both sides contain contacts that might be useful.

NPARC Mailing address: NPARC, P.O. Box 6878, Cairns, Qld, 4870 Northern Peninsula Area Regional Council

NPARC Head Office: NPARC, P.O. Box 200, Bamaga, Qld, 4876 ABN: 27 853 926 592

NPARC Head Office address: NPARC, Adidi St., Bamaga, Qld, 4876 Entity Type: Local Government Entity

Offices:	Website: nparc.qld.gov.au	Phone	Fax	Location	NPARC CEO & Councillors	Phone
	NPARC Cairns	4050 1800	4050 1899	Bamaga	Stuart Duncan	4069 3211
	NPARC Bamaga	4069 3211	4069 3264	Bamaga	Daniel Sebasio, Dep CEO	4069 3211
	NPARC Seisia	4069 3133	4069 3180	Bamaga	Mayor Joseph Elu	4069 3211
	NPARC New Mapoon	4069 3277	4069 3107	Bamaga	Cr Reg Williams, Dep Mayor	4069 3211
	NPARC Umagico	4069 3266	4069 3115	Seisia	Cr Jeffrey Aniba, 0407 753 528	4069 3133
	NPARC Injinoo	4069 3252	4069 3253	New Mapoon	Cr Michael Bond	4069 3277
	Opening hours: Mon – Thu, 9am to 5pm, Fridays to 3pm.			Umagico	Cr Peter Lui	4069 3266
	NPARC Newsletter (NPA News)	4069 4605	Injinoo	Cr Gina Nona	4069 3252	
Workshops:	NPARC Workshop, Bamaga	4069 3962	or 4069 3012	NPARC Housing:	Same as respective council offices.	
	NPARC Workshop, Umagico	4069 3419		Various:	Police, Bamaga	4069 3156
	NPARC Workshop, Injinoo	4069 3903			Post Office, RTC, Bamaga	4069 3126
	Carpenters’ Shed, Injinoo	4069 3367			NPA Airport	4069 3383
	Carpenters’ Shed, Seisia	4069 3254			Ranger Base, Injinoo	4069 3875
	NPARC Store, Bamaga	4069 3746			Swimming Pool, Bamaga	4069 3659
	FM Radio	Radio Station FM91.9		4096 3356		Jardine River Ferry (8 to 5pm)
Gov Dep	AQIS 40693142, ATO 132550, Dep Prim Ind 4069 1185			NPA Refuse Tip (Mon-Fri, 8am to 4pm) 4069 3252, a/h 4069 3593		

Libraries: Injinoo Library	4069 3761			Hospitals / Health			
RTC, Umagico	4083 0333			Bamaga Hospital	4069 3166	Sagaukaz St, Bamaga	
Family Services:				Dentist, at Bamaga Hosp.	4069 3166	Sagaukaz St, Bamaga	
NPA Family Resource Centre Bamaga	4069 3555	Lot 10, Adidi St, Bamaga		T.I. Hospital	4069 0200	163 Douglas St, T.I.	
NPA Women's Shelter	4069 3020	Lui St, Bamaga		Health Centres:	Mon – Fri 8am to 5pm		
Safe House	4069 3223	Bamaga		Bamaga Health Centre	4069 3200	Adidi St, Bamaga	
Bamagau Kazil	4069 3475	Bamaga		New Map. Health Centre	4069 3454		
New Mapoon Childcare	4069 3074	New Mapoon		Umagico Health Centre	4069 3306		
Umagico Childcare Centre	4083 0111	Pascoe St, Umagico		Injinoo Health Centre	4069 3465		
Umagico Outside School Hours Care	4083 0440	8 Young St, Umagico		Seisia Health Centre	4069 3271		
NPA Healing Centre – Injinoo	4069 3811	54 Peter St, Injinoo		Bamaga HACC	4069 3305		
Injinoo Childcare Centre	4069 3510	Mc Donnell St, Injinoo		Dep. of Child Safety (T.I.)	4090 3665	Thursday Island	
Injinoo Outside School Hours Care	4069 3109	Mc Donnell St, Injinoo		T.I. Pharmacy	4069 1548	Thursday Island	

Schools / Campuses / TAFE		Service Stations:		Supermarkets / Stores			
Bamaga, P 6-12	4090 4333	Bamaga	4069 3275	Bamaga, IBIS Supermarket	4069 3186		
Bamaga, P 1-5	4090 4444	Injinoo	4083 0011	Seisia Supermarket	4069 3218		
Injinoo Primary	4090 4888	Seisia	4069 3897	Alau Supermarket	4069 3273		
TAFE, Bamaga	4069 3214	RACQ, Bamaga	4069 3803	New Mapoon, General Store	4069 3013		

Seisia		Umagico		New Mapoon		Injinoo	
Seisia Enterprises	4069 3243	WP H & Safety	4069 3991	CY Ice & Tackle	4069 3695	Youth Centre	4069 3961
Wharf	4069 3158	Alau Lodge/Camp	0428779100	Loyalty Beach	4069 3372	Centrelink	4083 0158
Meat Works	4083 0201	RTC	4083 0333	Nai Beguta	4069 3408	Readymix	4069 3258
Top End Motors	4069 3182			Arts Centre	4083 0271	Injinoo /ITEC	4090 4950
Seisia/RTC	4069 3884	Seisia Hire Cars	4069 3368	Torres News	1300 867 737	Inj. Justices Grp	4083 0360
NPA/Electrics	4045 5518	Carpentaria Seafaris	4069 3254	Nat. Ind. Times	1 300 786 611	Ranger Base	4069 3875
Cape York Adventure	4069 3302	Cust Sport Fishing	4069 3301	Koori Mail	02 66 222 666		
Seisia Camp Ground	4069 3243	Seisia Styles (Hair)	0428660694	Many Cape York website links on: CapeYorkinfo.org			

Bamaga		Menshed	0417200172	Accommodation		Air / Sea / Road	
Garage / RACQ	4069 3803	Punsand Bay	4069 1722	Resort Bamaga	4096 3050	Seaswift	4069 3933
Sports & Recreation	4069 3675	Cape York Traders	4083 0446	Seisia Camp Grnd	4069 3243	Skytrans	4040 6700
Bamaga Enterprises	4069 3533	CY Car Detailing	4069 3558	Alau Lodge/Camp	0428779100	Skytrans	1300 759 872
Bamaga Tavern	4069 3260	Cape York Spares	4069 3803	Bully's Fishing Camp	4069 3695	WestWing Avn	4069 1380
Bamaga Bakehaus	4069 3106	Dreamtime	4069 3222	Loyalty Beach	4069 3372	Peddells Ferry	4069 1551
Centrelink, Bamaga	4069 3628	CAPE PCYC, NPA	4069 3388	Punsand Bay	4069 1722	Aust Helicopter	4069 1256
NPA Electrics	4069 3011	Resources Centre	4069 3555	Carpentaria Seafaris	4091 3254	CY Helicopters	4069 2233
B&B Electrical	4069 3435	Activity Centre	4069 3980			Taxi, Bamaga	4069 3333
Tour Operators		Custom Sports Fishing	4069 3301	Jardine Adventures	4069 3460	Bus to/from Cairns	4069 3368
Cape York Adventures	4069 3302	Carpentaria Seafaris	4091 3254	Peddells	4069 1551		
CY Peninsula Fishing	4069 3919	Tropical Boat Advent.	4069 1395	CY Helicopters	4069 2233	Croc Tent	4069 3210

All Emergencies, Ambulance, Fire Brigade: 000							
Hospital, Bamaga	4069 3166	(Emergencies)		Crime Stoppers	1800 333 000	Ergon	4069 3164
SES	132 500			Environmental Health	4069 3992	Sunwater	4069 3409
Ambulance	4069 3344			Australian Customs Services	1800 061 800	8-5, Fri 8-3	
AQIS, Bamaga	4069 3142			Coastguard	4069 3030	Airport	4069 3383
Mobile phones	112	with no coverage		Volunteer Marine Rescue	0428 692 004	in Emergency: 000 or 4069 1520	

International add: +61 7, Interstate add: 07

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Suicide Help Lines**In an emergency call 000**

Ambulance	000
Police Emergency	000
Bamaga Hospital (Emergency only)	4069 3166
Mobile phones with no coverage	112
Bamaga Health Care Clinic	4069 3200
Soewell Program Bamaga	4069 3200
Acute Care Team (ACT, weekdays 8am-10pm, Cairns)	4050 3100
ACT (weekends/holidays, 10am-6pm, Cairns)	4050 6333
Other times: Cairns Base Hospital, ask for Psyc Registrar	4050 6333
Child and Youth Mental Health (under 18), weekdays	
8:30a – 4:30pm, other times as per ACT, Cairns	4081 7888
Thursday Island	4069 0400
Bamaga Family Resource Centre	4069 3555
Life Suicide Bereavement Helpline (9:30am – 4:30pm)	0439 722 266
Dr Edward Koch Foundation and the FNQ Suicide Prevention Taskforce Enquiries	07 4031 0145

NPA Life Community Carers:

Nola Lewin – Umagico	0459 393 200
Annie Bowie - Injinoo	0427 905 544
Heinz Ross - Injinoo	040 84 84 007
Aaron Gibuma - Bamaga	0439 585 360
Tex Nona – Injinoo	4090 4268
Michelle Tamwoy – Injinoo	4069 3341
Stanley Dai – Bamaga	0427 365 570
Sonia Townson – Seisia	0427 358 903
Russell Symons – New Mapoon	0429 609 355
Mavis Kepi - Bamaga	0457 871 646
Estelle Gebadi – Bamaga	0429 895 666
Sandra Sebasio – Injinoo	0409 367 580
Dulcie Bird (Cairns)	4031 0145

What does a NPA Life Community Carer do?

- LCCs teach local cultural practices, customs and lore – death and suicide particularly – to Foundation facilitators;
- LCCs maintain cultural protocols at all times; respect cultural customs;
- LCCs have resources to give to people who might be thinking of suicide;
- LCCs look out for people who need help because they or someone close to them are suicidal;
- LCCs help someone who may be at risk of suicide when required (counselling and practical help);
- LCCs get help from other people or services when needed;
- LCCs promote the service actively;
- LCCs keep regular contact (return phone call) with the Dr Edward Koch Foundation for support and ongoing training;
- LCCs keep themselves safe through debriefing;
- LCCs keep records for the Dr Edward Koch Foundation of all activities;
- LCCs keep confidentiality of clients.

Domestic Violence Help Lines

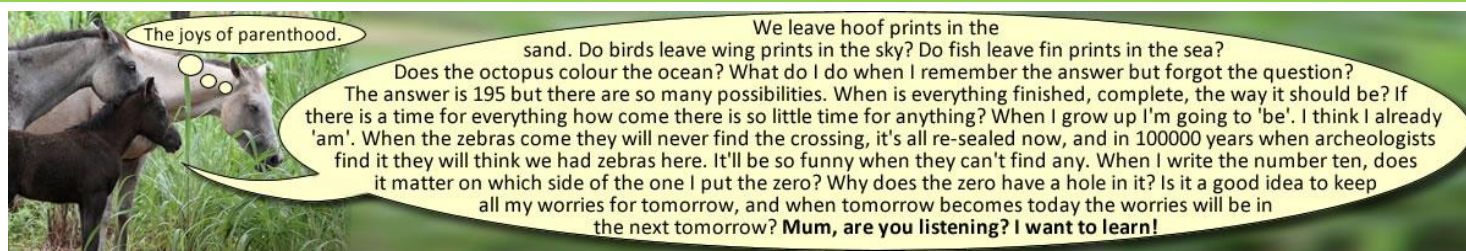
24hr ref service

Dads in distress	1300 853 437
Domestic Violence/Crisis Helpline	1800 811 811
Family Drug Support	1300 368 186
Hope Line	1300 467 354
Kids Helpline	1800 551 800
Lifeline Australia	131 114
Salvo Care Line	1300 363 622
Veterans Counselling	1800 011 046
NPA Women's Shelter	4069 3020
Mediation Services	4069 3555
Child & Youth Mental Health, T.I.	4069 0400
Crisis Help	0400 697 645
Elder Abuse Helpline	1300 651 192
Healthy Lifestyle	4083 0170
Men's Telephone Counselling Service	1800 600 636
NPA Healing Centre	4069 3811
Parent Line	1300 301 300
Qld Association for Healthy Communities	1800 177 434
YETI	4051 4927
Youth Link	4031 6179
Centre against Sexual Assault	1800 806 2929
Women's Domestic Violence Crisis Service	1800 015 188
Relationships discussions & advice	1800 200 526
Victims Counselling & Support Services,	
Relationships Australia, Toll Free	1300 139 703
DPP Victim Support Unit	3239 6042
Crime Stoppers	1800 333 000
Jeffrey Aniba is local Controller (SES and Coastguard)	
mob: 0407 753 528	
Pete Kelly is First Officer (Fire Captain, Fire Warden, and SES Deputy Controller), mob: 0447 361 174	

Service contact details

NPA Women's Shelter, Bamaga	4069 3020
NPA Family Resource Centre, Bamaga	4069 3555
Umagico Childcare Centre	4083 0111
Umagico Outside School Hours Care	4083 0440
Injinoo Childcare Centre	4069 3510
Injinoo Outside School Hours Care	4069 3109
NPA Healing Centre, Injinoo	4069 3811
Safe House, Bamaga	4069 3223

Please cut this page from the newsletter and keep handy. Photocopy if more are needed. Both sides contain useful contact numbers.



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